MALIGNANCY IN BABYLON ONCOLOGY CENTERS (1990 - 2018)

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Abstract- During the period (1990 – 2018) 18686 cases of malignancy were reported in Merjan Medical City Oncology Center as following :- 8634 (46.20%) cases were male and 10052 (53.79%) cases were female with the ratio of M: F equal to 1:1.15 It is concluded that the incidence of cancer is increasing in alarming way in the last (28) years. It is mainly due to the effect of Air, Water and Earth Pollution by the previous Wars on Iraq. This increasing incidence of cancer is associated with a younger age group especially with regard to Breast and Colonic carcinoma. However, high percentage of those malignant patients got good benefit by treatment with chemotherapy and /or Hormonal therapy in Babylon oncology center. The patients who need Radiotherapy were treated in Baghdad Radiotherapy Institute previously because the radiotherapy machines was under establishment in Babylon & in south of Iraq till the beginning of 2016.

Keywords- Malignancy, Babylon, Oncology

I INTRODUCTION

Cancer is now emerging as a major public heath problem throughout the world. Annually it is estimated to affect at least 9 million people and kill 5 million (1, 2, 3).

At present, it accounts for about one-tenth of all death worlds (1-4). In Contrary to the wide believes that cancer is primarily a disease of industrialized nations, the burden of cancer is also increasing in developing countries (5). Several cancers including those of bladder, stomach, oral cavity, liver and uterine cervix is more known to be prevalent in developing and poor communities (6, 7). Moreover the global burden of cancer is heaviest in developing countries where almost 60% of cancer death had occurred (6).

In IRAQ, the effects of War, using of D.U, environmental pollution, the rapid spread of smoking and increase tobacco consumption are contributing to the increase magnitude of cancer in the country. Certain communicable

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diseases such as hepatitis B and schistosomiasis that are associated with increased occurrence of primary hepatocellular carcinoma and bladder neoplasm have also important roles. The tumor is defined as uncontrollable incresement in the average division of normal tissue cells &its growth in unbalanced form with other cellular contents of certain organ (Al- Alawachi & Other.2000). The cancer originate from changes in DNA of normal systemic cells which will change to malignant cells with uncontrollable division (Iraq Cancer Regestary1999).

- 1. The causative agents of cancer are many which include familial,diet, occupational, social, environmental agents (Sharif & Samah,2004).Some of the causative agents of increased registry of malignancy:-
- 2. Iraqi society face 3 wars in which weapons depleted uranium was used .
- 3. Bad Stress factor of Iraqi people.
- 4. Increase percentage of smoking people.
- 5. Effect of wars on the deficiency of diet to the people.
- 6. Increase ingestion of Alcohol & opiate.
- 7. Contact with chemical substances causing malignancy in chemical factory.
- 8. Entrance of colored industrial substances of the diet.
- 9. Familial factor of relative patients marriage.
- 10. Bilharzias esp. in south of Iraq.
- 11. Poor oral hygiene & low education .
- 12. Early diagnosis by available CT scan & MRI.
- 13. Increase education of early detection of cancer.(Devita, 1997,2004).

II THE INFORMATION OF BABYLON PROVINCE DIVISION AS FOLLOW

- 1-Hilla discrete = Hilla center + Al- Kifil + Abu Garak.
- 2-Al- Musaiab discrete = Al- musaiab + Al -Haswa + Al- Sadda + Al- Iskanderia.

3-Al- Hashimia discrete = Al – Hashimia + Al – Kasim + West Hamza + Al-Shomeli.

4-Al Mahaweel discrete =Al- Mahaweel +Jballa +Al- Niel.

III THE AIM OF THE STUDY

To study the prevalence, patient age& sex, histological type, and management especially the need for radiotherapy treatment (by Linear Accelerator) of malignant cases registered in Babylon province oncology center during the period 1990 to 2018.

IV PATIENTS AND METHODS

Data of malignant cases were obtained from cancer Oncology center, Merjan Teaching Hospital during the last 28 years from 1990 to 2018 were the information's of different malignant patient register in files in it all investigations, histology report, surgeon refereed report address, family report, past medical & surgical history report of the patient.

All these data analyzed and grouped in tables and drown in figures and histogram to show the significance of increased number of malignancy per years from 1990 upward. The tables data seen by satiation searching for significant P value.

V RESULTS

During the period (1990 - 2018) 18686 cases of malignancy were reported 8634 (46.20%) cases were male and 10052 (53.79%) cases were female with the ratio of M: F equal to 1:1.15.

Table (1) shows the most frequent malignancy in both sexes during (1990-2018) in term of estimated numbers and percentage of total. The lung is the most frequent malignant site among men followed by cancer of urinary bladder, NHL and leukemia's. The breast is the leading cancer site in women followed by cancer of lung and bladder.

 Table 1: shows the most frequent malignancy in both sexes during (1990-2018) in term of estimated numbers and percentage of total.

Table 2: shows the annual	number of new cancer cases	s registered in Babylon

during (1990-2018). There is a significant relationship exist between years and number of cancer cases registered in

1990-2010		2010-2013		2014		2016		2018	
Site affected	%	Site affected	%	Site affected	%	Site affected	%	Site Affected	%
1-Breast malignan t	19.8 5	BREAST	23. 0	BREAST	25. 5	BREAST	24. 5	BREAST	36. 0
2- Bronchus	7.61	BLOOD	14. 1	BLOOD	10. 9	BRONCH US	15. 0	BRONCH US	19. 5
3-Ur. Bladder	6.05	BRONCHUS	13. 0	BRONCH US	10. 8	BLOOD	7.0	BLADDE R	10. 5
4- NH Lympho ma	5.80	LYMPH NODES	6.3	LYMPH NODES	7.7	BLADDE R	5.2	COLON	6.9
5- Leukemi a	5.64	COLORECT AL	5.2	BLADDE R	5.5	LYMPH NODES	4.9	UTRAUS	5.5
6-larynx	4.53	BLADDER	5.0	PROSTAT	5.5	GALL BLADDE R	3.7	L.N	4.5

Babylon, r (correlation coefficient) = 0.842 (P<0.001).

7-Bone													
and S.T. S	4.17	STOMACH	3.6		COLON	1	4.9		CO	LON	3.3	PROSTAT	4.5
8- Colorecta	3.63	PANCREAS	3.1		STOMA H	AC	3.1	(ov	ARY	3.0	OVARY	3.6
Years		No. Of cases		Μ	ale					Fen	ale		
9- Hodgkin'	3.63	Registered OVARY	2.8	No	PANCR	E	% 2.8	1	PR	OST NT.	2.7	% Pancreas	3.5
1990 s diseases		82		43	AS		52.4	1	E	39		47.6	
1991 10-Skin		160		98			61.25	5	ST	DMAC		38.75	
CA ¹⁹⁹²	3.6	KIDNEY 250	2.4	133	OVAR	ř	5 3 .2		H	117	2.5	SKII¥6.8	3.2
1993		333		172	2		51.56			161		48.34	
1994		337		179)		53.11			158		46.88	
1995		300		157	7		52.48			143		47.52	
1996		346		181	l		52.29			165		47.71	
1997		339		170	6	51.92			163		48.08		
1998		350		182	2		51.92			168		48.98	
1999		378		194	1	51.28		184		48.72			
2000		415		224	1	53.97			191		46.03		
2001		447		241	l	53.91		206		46.09			
2002		300		155	5	52		145		48			
2003		378		167	7	44.2		211		55.8			
2004		594		31	l	52.00		283		48.00			
2005		678		288		42.00			390		58.00		
2006		983		42(47.60 563				52.40			
2007		1025		427			42.00		598		58.00		
2008		911		403		44.20		508		45.80			
2009		936		406		43.40		530		46.60			
2010		979		434		44.30		545		45.70			
2011		996		453		45.5		543		54.5			
2012		921				43.0		525		57.0			
2013		931	409			44%		522		56%			
2014		850		370		43%		480		57%			
2015	964 414		1	48% 55		550		52%					
2016	2016 850 396		5	46.55% 454			53.45%						
2017		1649		803	3	48.70		846		51.30			
2018		1004		402	2		41%			602		59%	

<u>Sum</u>	<u>18686</u>	<u>8634</u>	<u>46.20%</u>	<u>10052</u>	<u>53.79%</u>

The annual number of new malignant cases registered in Babylon during (1990-2018) were displayed in the table(2).

1990 : 82 → 2018 : 18686 58 % = 0.85 100-0.58= 99.42 =99.5 (percent of increment) patient to outside Iraq (Iran , India , Turkey , lebnon and Jordin) for PET scan & treatment



Table (3) shows the summary of treatment policy of malignant cases in the Babylon Oncology Center and Radiotherapy institute - Baghdad. It shows that high percentage of those malignant patients got good results by treatment with Chemotherapy and/or Hormonal therapy in Babylon and those who need Deep X-Ray Therapy treated in Baghdad Radiotherapy institute because of unavailability of radiotherapy equipment in Babylon and other provinces of the south of Iraq.

 Table 3: shows the summary of treatment policy of malignant cases in the Babylon Oncology unit and Radiotherapy institute - Baghdad

Pr	imary Site	Chemo T.	<u>Radio T.</u>	Radio isotops	Hormonal therapy	Immuno T.
1	Breast	++	+++	-	+	-
2	Bronchus	++	+++	-	-	-
3	Urinary Bladder	++	+++	-	-	+
4	NHL	+++	+	-	-	-
5	Leukemia	+++	++	-	-	-
6	Larynx	+	+++	-	-	-

7	Bone & C.T.	+++	++	-	-	-
8	Colon	++	-	-	-	-
9	HL	++	+++	-	-	-
10	Skin	+	++	-	-	-
	Malignant					
11	without	+	+	-	-	-
	specific site					
12	Stomach	+++	-	-	-	-
13	CNS	+	+++	-	-	-
14	Nasopharynx	+	+++	-	-	-
15	Pancreas	+++	-	-	-	-
16	Thyroid	+	+++	++	+	-
	Uterus	++	+++	-	+	-
17	Cervix	+++	-	-	-	-
	Placenta	+	+++	-	-	-
18	Prostate	+	++	-	+++	-
19	Liver	+++	-	-	-	-
20	Kidney	++	+++	-	+	+
21	Ovary	+++	++	-	-	-
22	Testis	+++	++	-	-	-
23	Gall Bladder	++	-	-	-	-
24	Oesophagous	+	++	-	-	-
25	Tongue	+	++	-	-	-
26	Eye	+	+++	-	-	-
27	Lip	-	+++	-	-	-
28	Parotid	+	+++	-	-	-
29	Gum	+	+++	-	-	-

Table 4: No.of Cancer Cases according to the Age (2018)in Babylon

Age	Percentage
5← 0	0.8
15 - 6	1.6
25←16	3.0
35←26	6.3
45←36	13.1
55←46	23.9

International Journal of Psychosocial Rehabilitation, Vol. 24, Issue 06, 2020 ISSN: 1475-7192

65←56	24.9
up←66	26.5
Total	100.0



VI DISCUSSION

- 1- It is found that the presence of CT scan & MRI machines help people to search for early diagnosis of their disease so the tumor will be found early before death and that will lead to register large number of malignancy searching for radical treatment of that disease.
- 2- From the seen data it was noticed that the malignancy with high percentage as the Breast, Lung, U. Bladder, have relation with wrong social, Diet factors need increased public health education for early attendance to the doctor clinic for early diagnosis.
- 3- In the years after last War, the numbers of registered cases are high due late effect of environmental pollution.
- 4- Children and young patient affected with malignancy more in Iraqi studies rather than other people in western once.
- 5- Babylon province has high number of malignancy registry more than other mid-Euphrates area provinces due to presence of Oncology Center in Merjan Medical City.

VII RECOMMENDATIONS

- 1- Periodic investigations of the workers in industrial regions of mid Euphrates area.
- 2- Test the tanned and canned food and color substances added to the diet and increased health watching to it.
- 3- Increased advertising of health people education advising them for attendance to the early diagnosis of malignancy clinic in the hospitals.
- 4- It must be certify to establish the industrial region and factories far away from the center of the crowded people city.
- 5- Increase Education to the people to stop smoking and not allow for smoking Advertisement.
- 6- Ask the road officer not allow for old cars to move in the street of the city due to its bad hydrocarbons deposits to improve inspired environmental air of the people.

VIII CONCLUSION

It is concluded that the incidence of malignancy is increasing in alarming way in the last 27 years. It is mainly due to the effect of environmental Pollution (i.e. Air, Water and Earth Pollution) from the previous Wars in Iraq. This increasing incidence of malignancy is associated with a younger age group ($0 \rightarrow 5$ years=0.8%, $6 \rightarrow 15=1.6\%$, $16 \rightarrow 25=3\%$, $26 \rightarrow 35=6.3\%$, $36 \rightarrow 45=13.1\%$, $46 \rightarrow 55=23.9\%$, $56 \rightarrow 65=24.9\%$, $66 \rightarrow up=26.5\%$) especially with regard to Breast and GIT malignancies; however, high percentage of those malignant cases (Breast 36.0%, Bronchus 19.5%, Bladder 10.5%, Colon 6.9%, Utraus 5.5%, L.N 4.5%, Prostate 4.5%, Ovary 3.6%, Pancreas 3.5%, Skin 3.2%, Blood 2.1%) got good benefit by treatment with chemotherapy and or Hormonal therapy in Babylon Oncology Center and radiotherapy in Baghdad Radiotherapy Center .

The study recommended the need to increase awareness and health education for citizens to quit smoking and examination of food cans and conduct tests for workers in the factories, and make the industrial areas away from the city centers of the Middle Euphrates region and the emphasis on Gentlemen Officials in the Departments of Traffic not to allow the old vehicles to travel in the provinces streets which discharge smoke and exhaust carbon in the air inhaled by people whose patients suffering from cancer.

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International Journal of Psychosocial Rehabilitation, Vol. 24, Issue 06, 2020 ISSN: 1475-7192

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