

# ADVANCED APPROACH FOR HYPER ACTIVITY CHILDREN TREATMENT USING EEG AND EMG BIOFEEDBACK SYSTEM

<sup>1</sup>N. KRIPA, <sup>2</sup> DR.R. VASUKI, <sup>3</sup>R. KISHORE KANNA

**ABSTRACT**--In the paper, an EEG and EMG biofeedback framework for treating hyperactive kids who endure consideration shortage and learning inabilities is described. The framework can work in an independent mode or with an IBM PC. In the main case, the sign which differs with the patient's brain and muscle movement level are feedbacked to the patient on the web. It tends to be utilized for clinical applications. In the second case, the EEG-EMG input signals are collected by IBM PC, and at that point, handled with sophisticated digital sign preparing methods. The later mode gives a productive and adaptable route for the examination and input of EEG and EMG signals[1].

**KEYWORDS** – EEG, EMG, BIOFEEDBACK, SMR.

## I. INTRODUCTION

Hyperactivity is a syndrome, which is diagnosed in facility as cerebrum harmed slightly, cerebrum work maladjustment somewhat and cerebrum cortex function obstacle marginally[2]. Hyperactivity is a complex disease, so that individuals hasn't understand completely the physiology and pathology of it up to now, yet consider it primer has association with the elements of hereditary, nerve exchange substance, and social condition and so on..

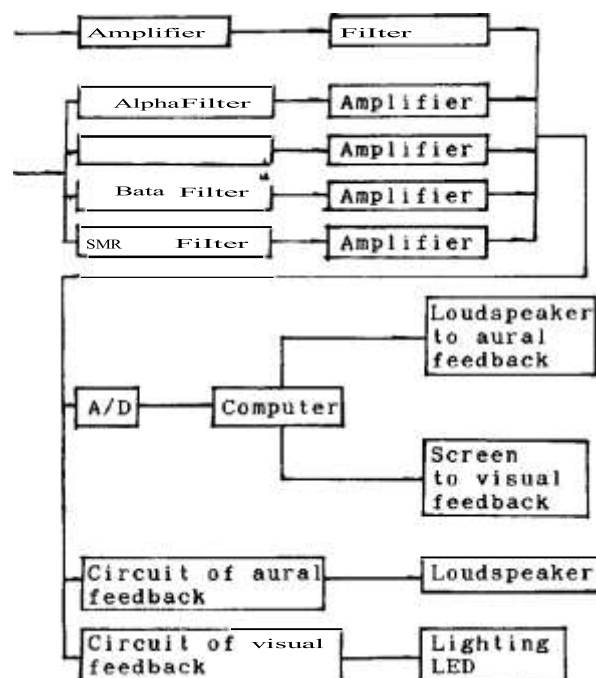
## II. MODEL OF THE SYSTEM

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<sup>1</sup> Research Scholar Department of Biomedical EngineeringBIHER, kripa.dd2@gmail.com

<sup>2</sup> Professor Department of Biomedical EngineeringBIHER

<sup>3</sup> Research Scholar Department of Biomedical EngineeringBIHER.



**FIGURE 1: MODEL OF BIOFEEDBACK SYSTEM**

The dimension of electroneuromyography being high and electrophotography being abnormal, for example, the dimension of SMR in 12-15 Hz at cerebrum Rolandic cortex is low are two main characteristics of hyperactive youngsters in bioelectricity. The treatment of biofeedback is to change the dimension of electroneuromyography and SMR to an ordinary condition.

### III. METHODOLOGY

We did a few analyses with our framework in two work mode. The consequences of investigations demonstrated that criticism could be given for increasing either SMR or alpha or beta activity, but would be repressed when frontal EMG or theta movement is introduced. Likewise the outcomes demonstrated that it is workable for the conduct adjustment of hyper exercises with this biofeedback framework[3].

### IV. PROTOCOL OF ALPHA WAVES

The alpha influx of the mind is generally connected with ready unwinding. The alpha state of mind is portrayed as a quiet and charming circumstance. Every single alpha recurrence depicts inventive action of the mind, with the goal that it is utilized during the time spent unwinding (loosening up the muscles), which in the long run prompts rest; Such waves rise and extend quickly on the skin. The proof demonstrates that alpha waves increments amid reflection[4].

Alpha preparing is normally utilized for the treatment of different infections, for example, relief from discomfort, lessening pressure and uneasiness, memory improvement, improving mental execution, and treatment of cerebrum wounds. Different examinations have been performed on the alpha convention.

The most widely recognized recurrence transfer speed for the alpha treatment is 7–10 Hz recurrence go, which is utilized for contemplation, rest, lessening pressure and tension. Likewise, recurrence of 10 Hz causes profound muscle unwinding, torment decrease, managing breathing rate, and diminishing pulse[5].

## **V. PROTOCOL OF BETA WAVES**

Beta movement is a decent pointer for mental execution and improper beta action speaks to mental and physical issue like wretchedness, ADHD, and a sleeping disorder . Beta cerebrum waves are related with cognizant accuracy, solid centre, and capacity to take care of issues. Prescriptions that are utilized to invigorate sharpness and focus, for example, Ritalin and Adderall likewise cause the mind to create beta brainwaves[6].

## **VI. PROTOCOL OF THETA WAVES**

Theta mind waves are identified with various cerebrum exercises, for example, memory, feeling, imagination, rest, reflection, and entrancing. These waves are likewise connected with the primary period of rest when the rest is light and the individual effectively awakens. Theta treatment decreases nervousness, despondency, wandering off in fantasy land, distractibility, enthusiastic scatters, and ADHD

## **VII. RESULT**

In biofeedback, EEG is generally recorded, and different cerebrum action segments are removed and feed sponsored to subjects. Amid this method, subjects become mindful of the progressions that happen amid preparing and can evaluate their advancement so as to accomplish ideal execution. Terminal position is performed by explicit cerebrum capacities and explicit side effects.

## **VIII. DISCUSSION**

Thinking about data about these skull locales, the whole treatment procedure is rearranged. There are a few conventions in biofeedback preparing, yet alpha, beta, theta, and alpha/theta convention are the most regularly utilized ones.

## **IX. CONCLUSION**

sleep deprivation, illicit drug use, schizophrenia, learning handicaps, dyslexia and dyscalculia, its legitimacy has been addressed regarding indisputable logical proof of its viability. In addition, it is a costly technique which isn't secured by numerous insurance agencies. It is likewise tedious and its advantages are not dependable. At long last, it may take a while to see the ideal upgrades.

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