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# The Relationship of Psychological Fluency with a Motivation of Achievement for Volleyball Players-Seating

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Abstract--The first topic contains the introduction of the research and its importance, which is summarized by the study variables psychological divorce and its relationship to motivation of achievement, as the adoption of the ball players sitting on the mental and psychological capabilities as much as it depends on the physical and skills, which leads to the improvement of its players, and the adoption of the results of psychological measurements of importance in the performance of the game of volleyball seating and motivation, including athletic achievement of players and measured and identify the psychological fluency of players and measured on the sample search for national team players volleyball Sit. Due to the importance of mental and psychological preparation in addition to the physical and skill preparation of the player volleyball seating and ensure access to the most accurate skill performance commensurate with the requirements of the game. Once the coach has been able to identify the initial motivation of the player towards the achievement and identify psychological fluency is the engine of his sports behavior in achieving a good result commensurate with his physical capabilities and skill, including skill overwhelming beaten by the coach of the opportunities for success and repetition of performance and acquired psychological fluency and performance in accordance with the capabilities of players In general where it is possible through this psychological divorce and promote access to achieve success that the need for psychological divorce comes at the forefront of psychological needs after physiological needs are more important than any other need

The motivation of achievement varies depending on the players in their responses to the stimuli and different positions depending on individual differences, the situation that threatens the player may be a challenge to the other player, so the second player may see an opportunity to appreciate himself and increase motivation achievement.

Identify the relationship of psychological divorce and its relationship to the motivation of achievement for the players of the national team ball volleyball seating. To identify a psychological divorce and its relationship to skill overwhelming beaten the players of the national team ball. There is a correlation significant statistical significance between psychological fluency and motivation achievement. The players of the national team volleyball seating

There is a correlation significant statistical significance between psychological fluency and its relationship to skill overwhelming beaten the players of the national team volleyball seating. The second topic dealt with a set of theoretical axes that are directly related to research and its variables. And the third topic the researcher has chosen the descriptive method survey method to solve the problem of research and the sample of the research sample was chosen in a deliberate way and be the community of origin and represented by the

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players national team volleyball seating the total number of players (12) for the sports season (2016-20170).

The fourth section includes the presentation of the statistical results reached by the researcher,

It has been achieved through the imposition of research in the presence of a statistically significant

relationship between the psychological divorces. Motivation achievement players of the national team of

volleyball seating

In light of this, a number of recommendations were reached:

1. The measure of motivation of achievement and psychological divorce can be used by coaches periodically on

the players.

2. give more attention to training players on psychological skills

Key words--Psychological Fluency, Motivation and Achievement.

I. INTRODUCTION

The sports have witnessed a clear development in all sports as a result of a lot of research and scientific

studies carried out in the games, including the game of volleyball Gloss, which received this development through technical and administrative aspects, which led to improve the levels of achievement of the players

physically, skillfully and psychologically. The success of training and educational processes can only be

achieved through the acquisition of players the ability to control and control the organization of physical energy.

As well as through the acquisition of the player control and control of his mental energy. The success of

psychological preparation through the skill of organizing the psychological energy of athletes depends largely

on the possibility of identifying these optimal psychological characteristics. It represents the best state of

psychological and mental preparedness that is associated with achieving the best performance of the player.<sup>1</sup>

The most important characteristic of psychological energy is the absence of some types of psychological tension

and this situation is called psychological fluency. One of the topics that coaches have been interested in

understanding and interpreting the athlete's behavior and behavior is why players have not developed. If the

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coach connects the player to the stadium but cannot get from him the best achievement for him unless he knows

the initial motivation and psychological fluency and skills, including overwhelming beatings during training as

well as competitions. It strengthens and builds self-confidence and performance by continuing regular training.<sup>2</sup>

The light of the foregoing illustrates the importance of the study. Due to the lack of studies that have

interested in the reality of the Iraqi sports environment for the game of volleyball seating begins the need to guide this study to try to find out the psychological and motivational fluency to accomplish and his relationship

with some of the skills of the national team players volleyball seating.

Reaching the high levels in all sports is linked to multiple scientific bases and integrated. Given the

importance of psychological factors and actual and psychological preparation in accordance with the

requirements of the field of sports due to psychological divorce motivation achievement of the players and some

of the skills of the national team volleyball sitting. The researcher believes that the players whenever possessed

the skills, physical and psychological capabilities in an integrated manner was able to achieve sports

achievement.3

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The psychological fluency and motivation of achievement of the important qualities of the personality

of the players as it enables them to deal with the pressures of training and competition to maintain his

psychological well and due to the many pressures experienced by the player and various pressures vary to the

types, intensity and strength according to the positions experienced by players during the performance The basic

skills and finishing skill of beating the crushing players national volleyball team seating. The fact that the

researcher is one of the coaches of the national team globe plane seating felt the researcher identified this

problem by studying the relationship between psychological fluency and its relationship to motivation

achievement and overwhelming beatings. Players of the national team volleyball seating.<sup>4</sup>

The research objective

1. Identify the relationship psychological divorce and its relationship with the motivation of achievement for

the players of the national team volleyball seating

2. Identify a psychological divorce and its relationship to the skill of overwhelming beatings of the players of

the national team

Hypotheses of research

1. There is a correlation significant statistical significance between psychological fluency and achievement

motivation. The players of the national team volleyball seating

2. There is a correlation significant statistical significance between psychological fluency and its relationship

to skill overwhelming beaten the players of the national team volleyball seating.

Research fields

1. Human field: national team player volleyball seating.

2. Time field: for the period 5/6/2017 to 1/9/2017.

3. Spatial field: Indoor Hall of the Medal of Glory Sports Club.

II. RESEARCH METHODOLOGY AND FIELD PROCEDURES

Research Methodology

The researcher has chosen the descriptive method in the survey method because it is most suitable for

solving the research problem and its suitability to its circumstances.<sup>5</sup>

Research community and sample

The research community consisted of 15 national team players, and the sample was deliberately

selected.

Instruments, Tools and Aids Used in Research

Arab sources

Observation.

Questionnaire

• Manual type calculator (flamingo).

Computer type (4).

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## Homogeneity of the sample

Table 1: Statistical parameters of time and total length of body and weight

Variables	Sample	moon	Standard	
variables	size	mean	deviation	
Lifetime (years)	12	(s-)	4.17	
Weight (kg)	12	11	13.46	

# Steps of conducting the research

## **Research Tool**

Dependence on scientific sources and measure of achievement motivation, which was applied in the Iraqi environment, where the measure consists of (20) paragraph answered by the laboratory and has been presented to experts and specialists and expressed its suitability for work.

As for the measure of psychological divorce,<sup>4</sup> which was applied in the Iraqi environment, where the measure consists of (46) paragraph answered by the laboratory.

# Qatari and straight crushing accuracy test <sup>6</sup>

The purpose of the test Measure the accuracy of the overwhelming multiplication in the diagonal and straight direction.

## **Tools**

- 30 volleyball, volleyball court.
- Two subject ranks.
- Performance Specifications.
- Beating from center (4) Preparation by trainer from center (3) the laboratory has to perform 15 crushing strokes towards the diagonal direction (and rank in position 5) another 15 crushing strokes towards the straight direction (rank in position 1)

# Registration

- 1. Points for every correct landslide in which the ball falls on the mattress.
- 2. Points for each correct landslide in which the ball falls in the planned area.

Two points for each correct landslide in which the ball falls in Area A and B

## **Exploratory Experience**

The experimental experiment was conducted on (2/2/2017) by applying the tests to the sample of the poll, which consisted of (3) players of the national team.

- Check the accuracy of the devices and tools used and their safety.
- Identify the time taken for each test and for the total tests for the purpose of organizing an application.
  Sequence of tests and manage them in proportion to the time available for testing. On the mechanism of application of tests and method of implementation.

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#### **Field Research Procedures**

## Main experience

The main experiment was applied in the period 14-15 / 11/2017 in the Medal of Glory Sports Club for the disabled, where the forms of the two scales were distributed to the research sample of (12) players. Get a sample search and collect search results.<sup>7</sup>

## Correction of the two scales

Achievement motivation measure consists of (20) items and answering them according to five alternatives, which are (very large, very large, medium, low, very low) and weights are given for grades (1,2,3,4,5) respectively for Positive and vice versa negative paragraphs As for the measure of psychological fluency consists of (46) paragraph and the player answers according to three alternatives, which agree with a large degree, I agree with a small degree) and given scores (1,2,3) respectively and be Answer the positive paragraphs and vice versa negative paragraphs

#### Statistical Methods

The researcher used the appropriate statistical methods to solve and collect this research data by relying on statistical bag (SPSS).8

## III. PRESENTATION AND ANALYSIS OF RESULTS

After the researcher applied the two scales to the research sample, the results were statistically processed to reach the completion of the research goal. The results are presented in tables and analyzed.

## Presentation and analysis of the statistical features of the research tools:

One of the requirements of the descriptive research that deals with tests in physical education and mathematical sciences is to display the statistical parameters of the results of these tests.

**Table 2.** Shows the statistical parameters of the research sample results

Variables	mean	standard deviation	Correlation coefficient	sig	The result
Achievement motivation	77.45	11.911	0.65	0.031	moral The
Psychological divorce	104.00	9.89			result

Table (2) shows that the mean of the research sample on the measure of achievement motivation was (77.75) with a standard deviation of (11.911) and correlation coefficient (0.65) and sig (031.0)The mean of the research sample on the psychological fluency scale reached (104.00) with a standard deviation of (9.89). Correlation coefficient (0.65) and sig (031.0).

It is clear to us from the table (2) that the relationship between motivation and achievement and psychological divorce moral and attributed the reason for this is due to many factors, including psychological

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factor, security factor, social factor, and economic factor,<sup>9</sup> which affects the player's performance in training and competitions, where The relationship between the moral and motivation of achievement and psychological divorce as a result of the role of the trainer prepare a good psychological preparation through which the player can achieve psychological fluency during physical training, skills and plans, as well as through competition and thus achieve a motivation to accomplish effective, M creating a safe atmosphere during training and competition, leading to players feeling a certain degree of psychological fluency as this control depends on the player experience as "sports experience has an important and effective role in controlling cases of emotional unwanted before the races and competition" <sup>10</sup>

The good motivation, pleasure and pleasure provided by the coach to the player and the surrounding circumstances have a great role in increasing the player's motivation, so "a successful coach is skilled in organizing the physical and psychological energies of the players and how to control and control the thoughts and feelings of players during the competition, which makes the performance develops in the right direction"<sup>11</sup>

It has been achieved through the imposition of research in the presence of a statistically significant relationship between the motivation of achievement and psychological divorce.

Variables	mean	standard deviation	Correlation coefficient	Sig	The result
Overwhelming beating	14.83	3.24	-0.478	0.116	Non - moral
Psychological fluency	93.41	9.2		0.110	The result

**Table 3.** Shows the statistical parameters of the research sample results

Table (3) shows that the mean of the sample overwhelming multiplication was (14.83) with a standard deviation of (3.24) and correlation coefficient (0.478) and sig (0.116).

The mean of the research sample on the psychological fluency scale was (93.41) with a standard deviation of (9.2). Correlation coefficient (0.478) and sig (0.116).

It is clear to us from the table (3) that the relationship between overwhelming beatings and psychological divorce is not significant and attributed the researcher the reason for this is due to several factors, including the weakness of the psychological factor,<sup>12</sup> which is concerned with the preparation of players psychological preparation during training and competitions, which affects the performance of the player in their performance As well as the training units in the week, which reflected on their performance.<sup>13</sup>

## IV. CONCLUSION

- 1. It has been achieved through the imposition of research in the presence of a statistically significant relationship between the motivation of achievement and psychological divorce.
- 2. Lack of a relationship correlation moral skill overwhelming beatings and psychological divorce for the sample search.

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#### Recommendations

In light of this, a number of conclusions were reached:

- 1. A measure of motivation of achievement and psychological divorce can be used by coaches periodically on the players.
- 2. Give more attention to training players on psychological skills

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