

The problem of reality - as one of the important reasons of marriage conflicts in the family.

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Abstract— *The article reveals the psychological essence of jealousy and its impact on emotional and interpersonal relationships. The psychological characteristics of the influence of jealousy on the person are described, the scientific and philosophical views of scientists on the types and signs of jealousy are given. The results of a study conducted among married couples are analyzed, with the help of which the issues of the influence of jealousy as one of the important reasons for the occurrence of married conflicts in interpersonal relationships are revealed.*

Keywords *psychology, jealousy, types of jealousy, positive, negative, emotion, distrust, emotional relations, interpersonal relationships, family conflicts, psychology of jealousy, the influence of jealousy, the basis of jealousy.*

I. INTRODUCTION

Many observations refer to human emotional relations as innate, but emotions also indicate the level of culture and psychology of human society. Love in relationships, ignorance of the peculiarities of feelings of jealousy leads to the fact that in society a person feels unhappy, conflicts are exacerbated, the environment of families is unhealthy, divorces and even such unpleasant situations as suicide are manifested.

Jealousy as a psychological problem has always existed in people's lives, since ancient times it was formed as a thought, an idea. When Socrates saw a complex and contradictory emotional feeling in jealousy, a "mixture of suffering and pleasure", philosophers such as Plato, Aristotle emphasized the uncertainty of jealousy, its genetic connection with evil and good, and considered jealousy to be cruel, quickly arousing impulses.

Psychologists distinguish jealousy from cruel jealousy and jealousy from the fact that "self-esteem is felt". Cruel jealousy is usually caused by selfish (egoist), stubborn, cruel, emotionally cold and alienated, lying, sufficiently authoritarian people. Such people usually look at their spouses only as an item, an object of their own benefit, satisfaction of rest, as their own property. In them, the ability to perceive, respect the personal characteristics of another person will not develop. Self-esteem, jealousy from Honor humiliation-this is usually characteristic of people who are excited, suspect of everything, do not believe in themselves, are prone to risks and trifles, suffer from defects. Their jealousy can be manifested a little bit more gently, so as not to be indignant, indignant. But it also has in its essence a poison for family happiness, no less harm.

The most insignificant, reckless actions of the jealous spouse, who has become a Lov, interprets their behavior with their evil, cruel, vulgar appearance, colors, taking into account the suspicion of trifles, using them as an additional source of power for its manifestation. A little late from work, a frivolous gesture or a word in the circle of friends is already forgotten childhood ambitions, and such a life leads to the fact that the Twins are all against one of the spouses against the other.

II. Main part

Jealousy is a dominant and ambivalent phenomenon in relationships, namely superior and of two kinds: good and evil; positive and negative consequences that Thomas Aquinas in the Middle Ages and the Renaissance, Bruno,

Rotterdam Erasmus, M. Montaigne and the others tried to prove. The fact that jealousy is close in love, understanding it in a broad sense in the first place, those who advised him not to attach much importance to it.

Modern representatives of Western thinkers: F. De. LAROSHFUKO, B. Pascal, R. Dekart, B. Spinoza, Monteske, I. Kent, D.Didro and others studied the analysis of jealousy and the forms of its manifestation and the possibilities of research, noted that the concept of "jealousy" consists in the interpretation of specific characteristics: as a limiting or suppressing call with the help of the main, irrational effect and reason.

Representatives of Western European irrationalism of the XIX-XX century A.If Shopengauer is facing as a sign of jealousy 3.Freud, K.Yung, E.Fromm, V.Frankl, A.Maslou and others have interpreted the main features of this feeling through their symptoms, manifested in complex socio-psychological relationships.

We focused our research work on finding out the impact and location of jealousy in couple relationships. Proceeding from the essence of our study, we aimed at an empirical study of the causes of the occurrence of conflicts in the interpersonal relationship of spouses for family cohesion at the initial stage.

We have developed a "social psychological questionnaire" to study these aspects. We included 20 causative positive and negative OMES to distinguish the characteristics of the subjects in the social questionnaire from the characteristics of the subjects, among these factors, we selected them as primary and main ones that affect the relationship with the help of expert assessments (professors and teachers of Samarkand State University).The more important it is to choose the research methodology, the more important it is to choose the subject. As an object of our dissertation, we received 150 families (families of Samarkand, Toylak, Pastdargom districts of the city of Samarkand and Samarkand region).

III. Data analyses

In this article, we will cover one aspect of the results from this questionnaire. We bring the relationship to the question of "evaluate the reasons for which the person in your family comes into conflict in a relationship."

It was proposed that the spouses evaluate the family disputes for the coming reasons, determine the place, based on their imagination about their Real family life.

Table 1. The role of causal causes of family conflict in individual relationships (n=300)

№	Causes	Color Role	Perc ent
1.	Inconsistency of character	1,20	96%
2.	Attitude to child rearing	2,3, 5	73%
3.	Deficiencies in economic supply	1,8	84%
4.	Inability to manage the family budget rationally	1,5	90%
5.	Distribution of household chores	3,5	59%
6.	Parental intervention	2, 20	80%
7.	Due to the interference of others	3,10	58%
8.	Jealousy and insecurity	1,8	84%
9.	Lack of love and affection	1,4, 5	91%
10.	Housekeeping and Not clean	1,7	86%
11.	Attitudes towards parents and siblings	2,5	70%
12.	Childlessness	1,3	94%
13.	Inconvenience of living conditions	2,5	69%
14.	Incompatibility of worldviews and professions	2,	80%

15.	Disagreement, disagreement	2,6,	68%
16.	They do not work for the benefit of the family	3,5	59%
17.	Drinking, smoking and other defects	2,8	64%
18.	Necessary in sexual intercourse Not following the rules	2, 10	80%
19.	Temporary unpleasant moods	4,3	34%
20.	Other trivial reasons	4,6	28%

Research studies aimed at identifying the possible causes of family conflict in interpersonal relationships, it was noted that factors such as lack of privacy of the couple Fe (sum of seats 1,20; 96%), childlessness in the family (1,30; 94%), lack of love and affection between husband and wife (1,45; 91%), inability to rationally manage the family budget (1,50; 90%) were the

Cases of jealousy and insecurity (1,80; 84%) in the emergence of family disputes between spouses, have been recognized by respondents that hold a significant place and this in turn often lead to the occurrence of family disputes.

According to the results of our research, this determination of emotional relationships in the conflicts that occur in the spouses in the family is characterized by the inability of the family members to manage their own feelings, the lack of understanding of their own feelings, the shallowness of their adequate imagination in this regard. As can be seen from the results, although it is confirmed (according to the results of men and women) that mutual assistance, understanding, support, communication, rather than jealousy and insecurity in family relations, but in this regard, it has been observed that couples are considered to be prone to abstinence in personal relationships; more jealousy, insecurity are given priority. According to the spouses, for family relations, personality qualities such as self-confidence, compassion, apathy, trustworthiness, obedience are necessary, and these qualities do not cause conflicts between them.

IV. Conclusion

Hence, as can be seen from the results of this study, it is important that couples can learn the essence of individual relationships in the family, know how to properly assess their relationship and feelings towards their spouses, identify their opportunities for their couples to have a relationship with a sense of respect as a person. This in turn helps to manage conflicts that can occur in relationships with the family personlararo, to determine the prospects for creating a psychology of a positive attitude towards the couple.

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