

Issues of oppression in family relationships.

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**“The details of life
as if a mine laid on the foundation of the family,
and mine only by giving side
can be neutralized.”- I.I. Shevelev.**

ABSTRACT--The article deals with the psychological effects of domestic violence, intimidation, coercion, humiliation, abuse, violence, attempted evictions, beatings of children, leaving them helpless or submissive. information is given. According to the author, it is expedient to study scientifically and practically the causal conditions, classification, and behavioral characteristics of factors such as infliction of various degrees of bodily injury, oppression, beatings, torture, and severe harm as a result of domestic violence.

Keywords--Oppression, mistrust-stubbornness, beating, coercion, mental stress, aggression, humiliation, torture, isolation.

I. INTRODUCTION

Oppression in family relations affects the basic human rights (life, health, honor, dignity, freedom). Violence can manifest itself not only through the use of physical force, but also in the form of mental, moral, economic, and domestic pressure, and can be applied to any member of the family. Insults, coercion, rape, economic restrictions, and systematic mental torture are also considered violence.

Identifying the source and nature of oppression represents the most important aspect of studying this problem. In this regard, it is acknowledged that it is biologically necessary for an individual to commit such behaviors and that it can be passed down from generation to generation, as well as that the characteristics of aggression in an individual are largely dependent on hereditary traits. Despotism is not an innate trait, but it is enough if the necessary conditions for its emergence are sufficient.

It is known that the problems in the field of family-marriage relations are characterized by their versatility. The study of problems in this area, scientific research, is a very topical issue, especially today. Because the important task of the family is to continue the best traditions and customs of our ancestors, to strengthen the society by educating the younger generation.

Domestic violence is an act of violence, and if we look at statistics and general trends around the world, it is clear that women and children are the main victims. However, this is not absolute, meaning that in a family, it is observed that a man lives under the psychological pressure of his wife or parents, children or other family members. This is also a manifestation of domestic violence. As a result, the victim may develop serious psychosomatic illnesses or other tragic events.

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Domestic violence is not just a national and national evil, it is a global problem.

The unity of the couple in the family is clearly stated in Surat an-Nisa ', verse 187: In Islam, it is recognized that committing a crime is a grave sin and the issue of abstaining from sinful deeds is singled out.

The rich scientific and cultural heritage of Eastern thinkers also contains ideas and teachings about the rules of family life of the Uzbek people, respect for adults, respect for children, the process of social relations between family members, especially marital relations. These issues are widely covered in the sects of the great scholars Muhammad ibn Ismail Bukhari, Ismail at-Termizi, Ahmad Yassavi, Bahovuddin Naqshband, Najmiddin Kubro.

II. LITERATURE REVIEW

In 1962, the term "cruel treatment" was coined by Dr. Henry Kempe. His scientific article, "Symptoms of Syndrome in Beaten Children," highlights the psychological symptoms of physical and mental abuse in children and their negative impact on mental development.

According to VV Elizarov, domestic violence is inextricably linked with conflicts and divorces. Failure to resolve family disputes in a timely manner often leads to divorce.

Commenting on the issue, AT Kadyrova noted that the inconsistency of the couple's views on family life is one of the main causes of conflict or conflict. Often, domestic violence is based on a husband or wife laughing, insulting, humiliating, or insulting each other. This, in turn, leads to the formation of a motive for revenge or revenge on the victim, or the implementation of an action in response.

The strengthening of the provision in Article 26 of the Constitution of the Republic of Uzbekistan: "No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment" shows that a person's life, health and dignity are of the highest value.

Research shows that there are different concepts of "despotism" in different literatures. Let's look at some of these.

III. MAIN PART

Despotism is a characteristic of the individual that manifests itself in the pursuit of infinite power, which is achieved by demanding constant and complete obedience, regardless of the opinions and needs of others. In psychology, despotism is the manifestation of the overly unpleasant qualities of the ego, its overgrowth, resulting in a loss of rational control over their vital manifestations, and all actions are subject only to the affective realm.

Despotism is different from law and knowledge in its savagery. That is why it always causes inaccuracies. If despotism obeyed the law, its rule would disappear.

It is expedient to study scientifically and practically the causal conditions, classification, and behavioral characteristics of factors such as infliction of various degrees of bodily injury, oppression, beatings, torture, and severe harm as a result of domestic violence.

The main part of domestic violence is mental (mental) abuse. As a result of despotic situations in the family, a person is psychologically affected, intimidated, coerced, humiliated, abused, abused, threatened to reveal a secret, tried to evict from home, beaten by children, left helpless. or manifests itself in forms of subordination.

Psychological despotism involves actions that affect a person's psyche in a variety of ways, causing mental stress and restricting a person's honor, dignity, and freedom. Indeed, in verse 30 of Surat an-Nisa ', the Qur'an says, "Whoever

commits such acts with extreme violence, We will send him to Hell." That is easy for Allah. " Domestic violence should include any negative behavior that affects the individual. For example, laughing at a person, slandering him, insulting him, etc., is a mental oppression shown to him.

From a scientific point of view, it can be seen that domestic violence often occurs in connection with the characteristics of aggression.

It can be said that domestic violence is often the product of human conflict that occurs in connection with the nature of aggression.

Disorders in the human psyche have been found to lead to an increased tendency to oppression. Mental disorders are the formation of aggressive behavior in a person, which is also manifested in various emotional states, i.e. as a result of revenge, selfish motives, envy or hatred.

Domestic violence often occurs physically and mentally. From a psychological point of view, the effects of mental oppression persist in the individual for a long time.

Psychological oppression in the family is as relevant today as it is when the consequences of each other are sometimes devastating. Deliberately insulting the honor and dignity of another member of the family, influencing their morale, shouting, insulting and slandering, discrediting, constantly criticizing, emotionally damaging actions, intimidation, embarrassment among relatives, threatening to leave home appears with. This can lead to emotional distress in the person and even lead to suicide.

The use of mental violence means the threat to the victim of the use of physical violence or other forms of torture through the use of mental (psychic) influence.

Studies and observations show that in some families there is economic pressure from men or women to economically subjugate family members, i.e. not allowing them to use family funds, stopping spending on daily expenses, and trying to dominate the family even by cutting back. For example, not allowing the child to get the food, clothing, or medications they need, and so on.

Economic pressure means that the head of the family becomes financially dependent on other members of the family by depriving them of access to family funds for unjustified reasons. Material dependence should be understood as the fact that the victim received from the perpetrator financial assistance (money, food, clothing, etc.) established by law, or was under his direct care.

Domestic violence can be divided into:

- oppression of women;
- violence against children;
- oppression of the elderly;
- Cruelty to relatives.

The practice of combating domestic oppression shows that the following manifestations of economic oppression are taking place in life today: unreasonable giving money, controlling how much money is spent, depriving oneself of the right to dispose of the money one earns; there are cases of deprivation of the right to use the family budget.

Other forms of despotism in the family, such as child abuse, separation of the child from the mother, and actions aimed at establishing male domination, should be taken into account.

Child abuse is manifested in the beating of children, subjugation or intimidation through physical or mental abuse. Cruel treatment of children, physical and mental torture, the use of unacceptable methods of upbringing, discrimination against children, etc.

In some cases, corporal punishment may not be applied to a child in the family, but they may be subjected to psychological pressure, complete control over it, and condemnation of the child's behavior in conjunction with the school teacher, regardless of the child's opinion. Under the influence of external systems (organizations) and working with them, it is often observed when there is a level of anxiety in the family. In such cases, family members have an intention to transfer their responsibilities to an external system (individuals).

Torture is the act of inflicting pain repeatedly, or for long periods of time, such as pinching, beating, blunt or sharp-pointed objects, inflicting numerous but minor injuries, exposure to heated objects, or other similar actions.

Isolation is characterized by unreasonably constant control over what a family member, especially women and adolescents, do during the day, with whom they make friends, see, talk, make it difficult or prohibit them from interacting with people close to them.

Another form of abuse is neglect, which is more commonly applied to physically handicapped, disabled, mentally ill children. This form of oppression is manifested in the systematic unwillingness of the addict to meet his basic needs of neglect, food, clothing, medical care, and care. The despotism of indifference to the interests and needs of the child is a shining example of the fact that both action and inaction are carried out.

It is possible to find out whether emotional (mental) abuse has been committed against a child by studying the following signs:

1. Low self-esteem;
2. The child thinks he is not needed for his parents and therefore has inner fear;
3. Constant absence of the child's mood;
4. He is always waiting for the attack;
5. Disorders in speech and retention in comprehension;
6. Inability to think logically, inability to make the right decisions;
7. Disrespect and distrust of adults;
8. Aggression against peers, members of the opposite sex;
9. Demonstrate aggression as a defense;
10. Attempted suicide.
11. Distrust of the impartiality of the assistance provided to him;
12. Happiness and pleasure, considers himself unworthy of a good life.

In our view, the role of domestic violence in social relations cannot be described in one word. This is because this despotic state is also largely done for the purpose of showing oneself, striving to gain prestige in front of others, or showing what one is capable of.

In many cases, the behavior of the victim also has a significant impact on the occurrence of domestic violence. These are caused by regular bullying, insults, calls with inappropriate nicknames, and other forms of verbal violence, as well as beatings, isolation, and denial of human dignity.

Inappropriate behavior in a person is often manifested in a negative impact on human psychology and plays an important role in the occurrence of despotism. Insulting or discriminating against a person is associated with psychological influence on him or her, leading to the occurrence of oppression.

Among women working in the research, "What factors are contributing to the emergence of domestic violence today?" The main reasons for the emergence of domestic violence were: lack of money in the family, women earning more money than men in the family, the involvement of other people in the family and early marriage of young people, lack of life experience

Table 1: domestic violence

What are the causes of domestic violence today?	responses
financial deprivation in the family	18,9 %
that a woman in the family earns more than a man	15,7 %
inappropriate interference of in-laws, brothers, sisters and other relatives between the couple	12,2 %
early marriage of young people, lack of life experience, unpreparedness for household chores	14,2 %
that a man in the family is addicted to alcohol	12,8 %
betrayal of a man or woman by each other	7,4 %
lack of recognition of national customs and traditions in the family	6,9 %
Jealousy	4,0 %
property, inheritance disputes	4,2 %

Our research suggests that due to the division of household chores between spouses in the family, not working in the best interests of the family, interference in the relationship by others, in some cases temporary mood swings or other trivial arguments can lead to some degree of conflict.

Exploring the nature of conflict in interpersonal relationships in the family environment, anticipating (assessing) possible situations of violence, helps to create the necessary conditions for protection from abuse.

The psychological pressure of one person on another, i.e., calling him or her a nickname, isolating him or her, disregarding his or her opinion, rejecting or ignoring him or her at all, threatening, humiliating, laughing at his or her actions, and so on. dealing with nerve-racking words is a spiritual trait that plays a key role in the perpetration of oppression.

Constant fear and anxiety as a result of expecting constant abuse in a violent family environment, pain, humiliation and fear when it occurs, and loneliness, insecurity, and sometimes self-loathing due to parental denial in relatively older age groups. will be available. Unfortunately, in many cases, it is observed that education in children is caused by adults themselves. The negative moral qualities of adults in the family in the form of immorality create a favorable situation for the emergence of conflict situations. As a result, the number of conflicts will increase.

Victims of oppression and careless treatment not only lag behind in physical and intellectual development, but also begin to have problems with socialization and adaptation. In order to adapt to a hostile environment, the child develops a survival strategy that limits growth and development. The ability to enable a child to predict an adult's hostile mood and to protect himself or herself from abuse can be a very inconvenient situation in a normal situation. These children find it difficult to communicate and adapt to society, they become socially immature and misformed.

IV. DISCUSSIONS

A child who has been physically abused sees an adult's aggressive behavior and then applies the aggressive behavior to his or her personal and social life. Behavioral patterns formed in youth lead to a resurgence of aggression when they grow up.

Personal qualities also play a role in the occurrence of oppression in the family. In particular, the display of negative behavioral traits leads not only to incitement but also to the incitement and use of violence. Therefore, we used a psychological test that allowed us to study interpersonal relationships and mutual understanding. Both the husband and the wife, as well as those around them, should be wary of situations that cause tension in the marriage and destabilize the relationship and lead to instability in the family, which can lead to insecurity and negativity. Insecurity-stubbornness-negativism in the family leads to a breakdown in family relationships.

Our research shows that in real life, men do not always give in to family relationships, in a sense, give in to "masculine pride", want dominance and freedom in relationships.

Feminine composure, calmness, normalizes the emotional reactions of the husband.

The desire to show respect, reverence, and joy creates a positive psychological environment in the family.

In ensuring equality in family relations, it is necessary to recognize the permissibility of kindness, compassion and self-sacrifice in couples.

Thus, research shows that self-confidence, compassion, impartiality, self-sacrifice, trustworthiness, obedience, tolerance, values of independence, personality traits are a necessary aspect for family relationships. These qualities can lead to a healthy family environment, while oppressive behavior can occur.

When a man and a woman in the family value and respect each other with an objective assessment of themselves, there is an opportunity to prevent and resolve the conflict. A healthy socio-spiritual environment in the family, calmness, exemplary attitude, mutual harmony are reflected in the positive behavior of the child's personality.

V. CONCLUSION

The parent or other person raising the child is primarily responsible for providing the living conditions necessary for the child's development within the limits of their abilities and financial capabilities.

In families where these characteristics are stable, there will be no cases of oppression, and children will be treated with respect.

Psychological, economic, social, legal, medical and other measures aimed at identifying and eliminating the causes and conditions that lead to oppression and violence against women, and raising public awareness of the rights of women to freedom from oppression in order to prevent oppression system needs to be developed.

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