The Development of online-based Management Information System Application for Individual (Chungking-Reframing) at the Chungking Framing Social Institution

Tri Warsono*, Ma'ruf Akbar and Billy Tunas

Abstract--- The purpose of this study was to develop an online-based management information system application for individual counseling techniques at the Chungking Framing Social Institution. The research question in this study is how to develop online information-based symptom applications for individual counseling techniques. The method used in this study is a mixed method with a quantitative approach. In this study, it employes the waterfall development model where each stage is always evaluated so that results are obtained according to the needs. To collect the data, the Liker scale of questionnaire as instrument is used. In pilot study, it involved 26 respondents, and it was found that online-based applications greatly made it easier to consult on personal matters. This research found that the application of an online-based management information system for counseling techniques is very helpful, efficient and effective in consulting personal problems. The development of science and technology is so rapid and the development of information and communication systems that increasingly lead to changes and progress in various aspects of life. Online-based information system applications for counseling are very helpful for closed individuals in expressing their problems openly.

Keywords--- Parenting Training, Education Level, Communication Ability.

I. Introduction

The Government of the Republic of Indonesia through the Ministry of Education and Culture of the Directorate General of Teachers and Education Personnel in 2016 has actually issued an operational guideline for conducting mentoring and counseling for upper secondary schools that use individual development paradigms emphasizing efforts to develop individual positive potentials. However, It does not reach the target point because the age of children who live in street are between 15-20 years old. There are many children living in the stree. The poor children living in streets, train stations, and other business centers affect their health to be disrupted like what happened in Bangladesh so that the children may not have a good future. Most of street children at social care institutions are lack of close ecological relations with the counselor. Data reveals that children use programs and services in their own way. So that steps are needed to establish the closeness of emotional relations as close as possible and to carry out the right counseling techniques. Next, the key to overcoming children's mental problems is a counseling technique that is able to change negative understanding of themselves and their environment into

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positive understanding. The purpose of this study is to find the right procedure so that the mentality of an

independent child can emerge and be seen from behavior that shows the good direction in his or her daily behavior.

The method that will be used is chunking and reframing on the negative meaning of children towards themselves

and their environment so that children will be able to change into positive meaning. With this method, children are

expected to be able to pass on the workforce and the environment with confidence.

II. LITERATURE REVIEW

Infertility is considered as biopsychosocial crisis and it is recommended as an integral part of a multidisciplinary

approach. In recent years, infertility counselling has become a specialist form of counselling requiring professional

expertise and qualification. Efficacy Counseling self-efficacy (CSE) which stemmed from SCTis defined as "one's

beliefs or judgments about her or his capability to effectively counsel clients in the near future.

Policy makers and educators can consider factors that influence physicians' decisions for behavioral counseling

to improve training and site policies. Future research examines effective behavioral counseling training and

strategies to promote its provision particularly to patients of different races or ethnicities and with different medical

conditions, it may increase effectiveness. Integrated care with behavioral health professionals could also improve

rates or delivery of counseling. In this case, physicians can consider providing behavioral counseling.

Despite ounselling online is funded to provide support to people who may be concerned about their the beloved

persons AOD use, it is supposed to take a person-centred approach by letting people's needs guide the interaction

and response. This means that counsellors do not work from a pre-determined script but instead aim to respond

based on what people communicate.

It is not surprising that the discipline of counseling has been affected by the technology developments. The more

the technology improves, the more it helps professionals need to utilize new technologies. Internet is one of the

brand new technologies that affect the field of counseling psychology. With the advancement of the use of internet

applications, online counseling has been a common phenomenon for all counselors. In today's world, online

counseling services have been provided and expected to increase in the future. The continuously growing practice of

online counseling defined as "asynchronous and synchronous distance interaction among counselors and clients

using e-mail, chat, and videoconferencing features of the Internet to communicate

The growth of using technology created opportunities for counselors to provide online counseling as an

alternative technique to conventional counseling. Even though, the delivery of technology based counseling

continues to grow. Yet, questions and critics about distance online counseling has increased.

Short instructional videos that can be watched on a website, tablet, smartphone, or waiting room television offer

the potential to instruct patients either during or after clinic visits with little or no time burden to the provider. Social

Cognitive Theory finds that improving patients' self-efficacy to perform a health behavior correctly is the key to

enabling continued regular performance of the behavior (Davis et al., 2018).

Over the past decade, online self-management enhancing programs have been developed for patients to better

manage their chronic illnesses. These programs can support patients in taking responsibility for improving their

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927

health status, e.g. reducing pain or increasing physical activity, by strengthening self-management behaviours such as physical exercise and medication adherence.

The state license requirement is valuable as it ensures that the public is served only by professionals who meet certain educational and training standards. Regarding the licensed or certified, clinicians need to work under the terms and limits of their state license, and the relevant state board monitors any reported violations. As a result, most professional schools in the US teach their graduates the ethical regulations in their field. Licensed clinicians can review the relevant rules, standards, and/or ethical considerations on their state's website. Consequently, most professionals as well as graduate students are usually familiar with their ethical obligations to clients. As the ethics of online counseling is new approach, thus is not yet being taught in professional graduate schools, and many clinicians are still unfamiliar with the requirements related to the modality. This part is aimed to clarify current ethical standards that relate to mental health care online delivery. To maintain quality of service, avoid potential complications, and serve the community safely, professionals who practice online should know the limits or weaknesses of online consultation and understand various ethical as well as legal considerations that apply to this type technique or approach.



Figure 1: Mindset Changes Meaning

Due the negative generalizations are dismantled and replaced with positive generalization, the child slowly enters to the more comfortable world of living.

III. RESULTS AND FINDINGS

It is obivious that street children enter their social Institution by bringing negative Self Esteem. They feel uncomfortable with themselves in the midst of community. They regard themselves as inferior to other people especially when meeting new people. From the results of counseling with the Chunking-Reframing method conducted by the Counselor, most children have shown positive changes when meeting guests or new people who enter the circle of Social Institutions. They have dared to make greetings first, not waiting or not even dodging. This

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shows that their Self Esteem has experienced changes to be more positive because they began to interpret various

things about themselves or others with positive meaning. The key to the success of the development of self quality

(Mental and Mindset) Children is as the success of the counselor in cleaning all negative meanings in the minds of

children which becomes a positive meaning. As kwon that, person who is proven to be a Champion or Success in

any field must have positive Self Esteem.

Examples of simple dialogues between Children and Counselors:

Dark future.

A: "I have no future"

B: "How come you can. Where can I say that?"

A: "I find it difficult to get work"

B: "What kind of work do you mean?"

A: "Any important work can bring money"

B: "What do you really want to do?"

A: "I want to be an Office Boy"

B: "So if you have been accepted as an Office Boy means your future is bright?"

A: "Yes"

B: "So, from now on you can say the Future is bright by being an Office Boy. Agree?

A: "Yes."

B: "So in the future we agree to always say the Light Future. I will study as an Office Boy and apply to various

offices. Agree?"

A: "Agree!"

Lack of Affection.

A: "I'm not loving enough"

B: "Yeah. How can you say that? "

A: "Yeah because I don't have parents"

B: "If there are parents, what do you want?"

A: "I want to confide freely and solve my various problems"

B: "So if you can confide freely and solve your various problems, you can feel affection in yourself?"

A: "Yes"

B: "I am ready to be a friend to confide in you and I promise not to disseminate our conversation to others.

Agree?"

A: "Yes"

B: "So from now on, you have Affection because there is me as a place to share whatever problems you are

facing. Agree?"

A: "Yes"

B: "From now on we agree to voice in you: I can feel love in me. Agree?"

A: "Agree!"

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The success of this counseling technique depends on how the following steps are done:

1. Preparation stage

To get optimal results, the counselor must have the child's background information either about the child's

environment with his parents and the closest environment, or how children can enter into street and eventually live

as street children.

This information is useful as material or as an entrance into the Little World of the Child. The point is that every

time we have a Small World which contains various stories both pleasant and unpleasant stories. Information about

the Small World then will be useful for Counselors to build emotional closeness as close as possible. This close

emotional relationships will make it easier for the counselor to ask the child to talk about the various information he

or she wants to develop in the child. Conversely, children may not want to be open if there is a feeling of suspicion

with the counselor.

2. Early Meeting Stage

This stage is intended to build emotional closeness as close to the child as possible. The counselor must choose a

topic that makes the child feel comfortable. It is suggested to not choose a topic that is sad for the child as the key

information about the Small World. In principle, everyone will definitely be happy if they talk about problems that

concern themselves related to pleasant topics. While talking, the counselor must be able to capture sayings that give

rise to discomfort that can hinder the child's mental progress. Once the child issues negative remarks about himself

or his environment or about God, the counselor must stop the conversation and deal with or destroy the negative

understanding into a positive understanding using the Chunking - Reframing technique. After successfully positively

interpreting this negative meaning, the counselor must write in his notebook about this change. This is needed to

evaluate the child's mental development regarding this matter.

3. Stage of Discussion with the Child

At this stage the counselor asks the child to come up with his or her goal after leaving the orphanage. A

successful figure who became his or her idol like what he or she wants to become. When telling about his or her

ideas, PESIMISTICAL sometimes appears. As soon as the statement appears, the counselor must immediately take

action to destroy the PESIMISTICS using the Chunking - Reframing technique.

From the idol figure who is the target of the benchmarking, the counselor guides the child to learn behavior,

results, and achievements. The lesson that must be conveyed to children is that SUCCESS is preceded by behavior

and ways of thinking that support the achievement of success. Every Champion figure in any field will definitely be

able to track the pattern of daily behavior that supports the achievement of the Champion.

Then, the child is invited to make a commitment for the next week using the S-S-C pattern: Stop - Start -

Continue. Commitment to what should be STOPPED (which is contrary to the desire to be successful), Commitment

will emerge New Behavior that is important to support the success of the Child where the behavior has not appeared

before. Furthermore, the child is invited to continue to good behaviors are and the counselor supports the desired

success. This commitment is documented as a reminder for counselors to observe children's behavior in the

counseling room.

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930

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4. The closing phase of the counseling session

At this closing stage, the child is invited to review what happened during the meeting that is about what the child feels as different, when thinking about what the child previously felt uncomfortable but now feel normal or feel comfortable.

From the list of S-S-Cs, the child is invited to make a strong commitment to be able to fight him or herself and bring up the formed positive behavior. In the principle, if new behavior is not consistently raised, there is a possibility that it can be lost.

5. Stage of monitoring child behavior

The counselor observes the appearance of behavior recorded in the SSC document and interrupts the child to remind him or her of his or her commitment to conduct behavior that is not in line with the results of the SSC's formulation. The results of observations of children's behavior are recorded in the notebook as material to motivate them to behave better.

IV. CONCLUSION

This study concludes that Chunking Technique - Reframing is very simple but it can produce positive Mindset changes and that will make the Child have positive and strong Self Esteem. This becomes the capital of the child to be able to live independently when they meet people in the community and when they face work challenges.

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