

TABLE OF CONTENTS

1.	INTRODUCTION	2
2.	KEY NOTE PRESENTATION	2
	2.1 Mental health promotion	2
	2.2 Mental health care, service planning and service delivery	3
	2.3 Mental health and the role of the workplace	3
3.	MENTAL HEALTH CARE AND MENTAL HEALTH PROMOTION: what are the Implications if one approach assumes much greater priority over the other? – Round table discussion	4
4.	BEST PRACTICE EXAMPLES OF MENTAL HEALTH CARE AND MENTAL HEALTH PROMOTION	5
5.	STATUS OF MENTAL HEALTH CARE AND MENTAL HEALTH PROMOTION IN EUROPE	5
	5.1 Stigma and mental problems	5
	5.2 Specific problems facing Newly Emerging Democracies	5
	5.3 Reform and financial and human resources in Western European countries	6
6.	FINDING A CONSENSUS	7
7.	CONCLUSIONS OF ‘BALANCING MENTAL HEALTH PROMOTION AND MENTAL HEALTH CARE: A JOINT WORLD HEALTH ORGANIZATION/ EUROPEAN COMMISSION MEETING’	9
	Annex 1 – Timetable	11
	Annex 2 – List of Participants	14
	Annex 3 – List of Speakers and Topics	30

**BALANCING MENTAL HEALTH PROMOTION AND MENTAL HEALTH CARE:
A JOINT WORLD HEALTH ORGANIZATION (WHO)/EUROPEAN COMMISSION
(EC) MEETING
Brussels, 22-24 April 1999**

1. INTRODUCTION

On April 22-24, 64 mental health professionals, managers and policy-makers from 14 EU-countries, 2 EEA countries and 17 non-EU countries, as well as 10 representatives of non-governmental organizations and foundations and 11 representatives from the EC and the WHO, met for a two-and-a-half day meeting to reach a consensus on what balance between mental health care and mental health promotion activities in Europe would be appropriate and what policy should be developed in the years to come in order to meet the needs of both the population, and of the profession answering these needs. The meeting was of special importance in light of the fact that in six months' time a European Conference on the Promotion of Mental Health and Social Inclusion would be held in the Finnish City of Tampere, to be organized by the Finnish Presidency of the European Union. The meeting in Brussels, it was hoped, would result in a statement that could form the basis for the discussions in Tampere.

In addition, as was pointed out in the opening statement of the Director of the Department of Mental Health at the WHO-HQ, Dr Benedetto Saraceno, the meeting was intended to lay the grounds for a networking process among the delegates from the 34 States represented. The fact that thirteen countries from Central & Eastern Europe and the former Soviet Union were represented at a meeting of this nature was unprecedented, and Dr Saraceno expressed his hope that the meeting would contribute to an ongoing exchange of information on good and not so good practices. Finally, the timing of the meeting was also significant because of the fact that only a few months earlier a new Regional Advisor for Mental Health, Dr Wolfgang Rutz had been appointed at the WHO-EURO.

2. KEY NOTE PRESENTATIONS

2.1 Mental health promotion.

Prof. V. Lehtinen from Finland stated that a discussion about the balance between promotion and care was indeed very important. In his view, mental health care and mental health promotion are complimentary strategies. In addition, no sharp line divides strategies for the promotion of mental health and those for the prevention of ill health. He pointed out that there is evidence of the positive effect of several mental health prevention programmes and added that the best interventions focus on more than one factor. As far as promotion programmes are concerned, he mentioned several effective approaches, such as promoting social relationships; developing effective coping skills, providing social support, making social changes and mass media campaigns. As priorities for the European region, Prof. Lehtinen mentioned the following areas: value and visibility of mental health; children and adolescents; working life and unemployment; the ageing population; severely marginalized groups; the development of indicators of mental health promotion and telematics. In Prof. Lehtinen's view, promotion was

necessary because of the heavy burden of mental ill-health, because there is evidence for the efficacy of promotion programmes, because they provide an important contribution to general health, because mental health care is being reorganized and finally because of expressed interest and demand on the part of the citizens of Europe. Prof. Lehtinen concluded his presentation by reiterating that both mental health promotion and mental health care need support and further development.

2.2 Mental health care, service planning and service delivery.

Prof. Michelle Tansella from Italy and Prof. Graham Thornicroft from the United Kingdom described the processes of planning and delivering mental health services for a defined community. Their presentation first addressed the issue of a conceptual framework for planning and delivering mental health services, during which they presented the 'Matrix Model'. This model, which they developed and which is described in their book "The Matrix Model" (to appear in 1999), brings into focus critical issues for mental health service planning and provision. Tansella and Thornicroft subsequently outlined some of the advantages and disadvantages of planning at the local level. In their view, the advantages are that this approach allows patients to remain in their community and that generally speaking it benefits the individuals at the patient level most effectively. The main disadvantages, in their view, are the fact that specialist services at the local level can be less cost-effective for low prevalence mental problems, that the quality might vary too much from one region to the next and that it might result in less choice for users and their family members.

Prof. Tansella and Thornicroft discussed seven steps to reform community services. These are: Establishing the Service Principles; Setting the Boundary Conditions; Assessing the Population Needs; Assessing Current Provision; Formulating a Strategic Plan for a Local System of Mental Health Services; Implementing the Service Components at the Local Level and finally, a Monitoring and Review Cycle. They concluded their presentation by stating that "a properly planned system of care is only the envelope within which appropriate interventions can be efficiently offered to patients".

2.3 Mental health and the role of the workplace

In her presentation, Ms Susan Maybud of the International Labour Organisation (ILO) addressed the issue of mental health and (un) employment. She explained that the ILO was interested in mental health issues because of the size of the problem, the cost to the economy and in order to defend the rights of the workers. In that context she referred to the ILO Convention 159 on Vocational Rehabilitation and Employment of People with Disabilities. The goals of the ILO, she said, were to improve access to work, to stimulate the provision of more work (in quantity) and work of better quality, as well as a better working environment. The ILO pursues these goals through establishing a solid information and research base, by demanding the implementation of ILO Convention 159 and through technical cooperation projects.

**3. MENTAL HEALTH CARE AND MENTAL HEALTH PROMOTION:
What are the implications if one approach assumes much greater priority over the other? – Round table discussion**

A round table discussion chaired by Dr Pirko Lahti from Finland addressed the implications if either mental health promotion or mental health prevention would assume much greater priority over the other.

Mr Peter Lehman from Germany pointed out the importance of placing emphasis on the creation of a user-oriented psychiatry. In his view, not only is the right to care a human right, but also the right to the non-violability of the body. He stressed the importance of involving users in psychiatric issues such as “user-control” over the use of psychotropics.

Prof. Clemens Hosman from the Netherlands addressed the importance of prevention and promotion programmes and discussed the differences and overlap between the two. He highlighted the importance of collaboration on both a national and an international level, in order not to re-invent the wheel.

Prof. Graham Thornicroft stressed that the more disabled need more services – for these people mental health promotion activities is not sufficient. He emphasized the need for more research on both services and promotion programmes and reiterated suggestions that more client-oriented services need to be developed, that a national mental health plan needs to be adopted and that it would be very helpful to find good examples of services and promotion programmes both in East and West, as uniformity does not exist.

Finally, Prof. José Miguel Caldas De Almeida from Portugal added that it is difficult to find the right balance between care and promotion, as it depends on many factors: cultural, economic, social, financial and organizational. However, in his view it was impossible to think of care and promotion as separate entities and in his view a national mental health policy should include all aspects and coordination between care and promotion programmes was essential.

During the discussion following the four presentations, questions were raised about the precise definitions of the terms prevention and promotion, the role of social services and the applicability of prevention or promotion programmes in Eastern European countries. In response to these questions it was emphasized that there are no blueprints for a promotion programme that prevention is focussed on preventing diseases, while promotion is only a means to that effect and that more coordination is needed with services other than those in the mental health sphere.

Ms Lahti concluded that the balance between mental health promotion and mental health care programmes depends on the culture of the respective country or region and that there are no strict lines between promotion and care services. She suggested that it would be good to have more research-based evidence on services and promotion programmes and added that in general, it is very important to strive for more client oriented services. In this respect the development of an all-encompassing national mental health programme, touching upon all these issues is of utmost importance.

4. BEST PRACTICE EXAMPLES OF MENTAL HEALTH CARE AND MENTAL HEALTH PROMOTION

On April 23, five presentations were delivered on best practice examples in Slovakia (Dr Peter Breier), Lithuania (Prof. Dainius Puras), Spain (Dr M. Desviat), France (Dr Jean-Luc Roelandt) and Sweden (Dr Lars-Olof Ljungberg). All underscored the understanding that innovative mental health practices invariably imply the development of community care and face the issue how to convince the public to abandon its prejudices and render its support for the reintegration of patients into the community. Each of the five developments across Europe had been triggered by concerns about underprivileged populations and although the primary objective in each project was to develop services, it was necessary to utilize promotion and prevention strategies falling partly or entirely within their domain in order to provide a comprehensive services which met the needs of service users. Difficulties common to all projects were financial, attitudinal, and organizational (such as resistance by the staff) in nature.

5. STATUS OF MENTAL HEALTH CARE AND MENTAL HEALTH PROMOTION IN EUROPE

The best practice session was followed by an introduction into the discussion on the status of mental health and mental health promotion in Europe chaired by Mrs Irma Ballering from the Netherlands. Dr Pirko Lahti and Dr Josée van Remoortel from Belgium explained that the health promoting networks of Europe have a substantial tradition, which respects the general principles of the method and stresses the specificity of distinct programmes and groups. Through such networks information, knowledge and attitudes are channelled to individuals and communities.

Open discussion: Problems Raised and Suggestions Offered

5.1 Stigma and mental problems

An open discussion ensued on the status of mental health care and mental health promotion in European countries represented at the meeting. Prof. Juan José Lopez Ibor from Spain, President-Elect of the World Psychiatric Association, discussed the activities of his organization in the field of prevention and promotion, particularly in relation to fighting stigma. He stated that a poorly developed de-stigmatisation campaign could have the adverse effect of actually increasing stigma. The newly appointed Regional Advisor on Mental Health for WHO-EURO, described the WHO's mental health priorities for Europe. These included de-stigmatization programmes and national assessments of mental health needs and practice.

5.2 Specific problems facing Newly Emerging Democracies

A representative from the St. Petersburg Psychiatric Association, made a presentation and showed a video on the current state of affairs in psychiatry in St. Petersburg and highlighted attempts by young mental health professionals to improve both the living conditions and

treatment by creating a therapeutic environment for their patients. The film underpinned the enormous problems faced by Eastern European psychiatry today and the fact that for this part of Europe the emphasis clearly should be more on mental health care than promotion in order to address urgent and unmet mental health needs.

The Minister of Health of Ukraine, stressed that in her country prevention had so far been nothing more than a slogan and that much needed to be done in that area. In the field of care, she stressed the need for de-institutionalisation and also pointed out that harmonization of mental health legislation was necessary. In concluding, she raised an issue concerning the inequity in Europe, in that much of the influence and input continues to remain in Western Europe, despite that one could also find good practices in Eastern Europe. She continued by stressing that support was very much needed from both the European Commission and the WHO.

Reports from Romania, Poland and Bulgaria also highlighted the complex problems that those working in the field of mental health reform in these countries are facing. Increasing attention is paid to the development of community psychiatric services, and issues such as legislation, patients' rights and the change of attitudes among both the mental health professionals and the population at large is considered priority areas. It was also pointed out that in reforming the mental health system, time and patience was required and that through the reform process many Eastern European countries were trying to avoid the kinds of mistakes made previously by many Western European countries.

Concerns were voiced about the fact that the terms of reference of people from the newly emerging democracies were quite different than those of Western Europe and that in many cases reform initiatives originated from the non-governmental field, with governments either being largely indifferent or even hostile. The danger was that this different perspective and this difference in daily reality would complicate or prevent a real all-European perspective from being developed. For example, the changes that had been brought about in the Czech Republic were mainly the result of work by enthusiastic persons, often working on a volunteer basis. State institutions in Central & Eastern Europe are often very medicalized and thus work at NGO-level is of utmost importance. However, such work could only continue with outside support including seed funding, and without this sort of support the whole discussion about balancing mental health care and promotion would remain "a bridge too far" for them.

There was strong agreement from participants at the meeting that funding and resources was an extremely important issue in developing services and promotion activities, and that for those countries lacking resources, concerted efforts should be directed at working out low-budget possibilities.

5.3 Reform and financial and human resources in Western European countries

The mental health reform experience in Italy over the past twenty years demonstrated that the expenditure of local health units is not higher than those of big hospitals and that a change in both the culture (e.g. attitudes of health personnel) and organization of services is required to produce a general change in the culture of society with regard to mental health issues. This strategy can be as or more important than initiatives aimed directly at the culture in society

An argument for involving primary care in the provision of mental health care and promotion and prevention activities was presented. Specialist services, on their own, are not able to meet the large demand for mental health treatment and care and ultimately it should be a priority to involve primary care and to link closely primary care and specialist care. At the same time, primary care would be overwhelmed without a prevention and promotion programme, so the development of these is also pivotal.

The situations in Iceland, Germany and Cyprus were also discussed during this session. In Iceland, community psychiatric services are becoming increasingly involved in promotion and prevention programmes and there is an increasing tendency towards managed care. Hospital services are being de-institutionalized, and some of the university psychiatric departments might have to merge due to financial constraints. The specialized services, in particular those for substance abuse, were seen as a starting point for prevention programmes. The priorities in Iceland were the development of community services and specialized services (such as nursing homes) and the non-governmental sector.

In Germany, where the number of beds in mental health continues to decrease, 4.5% of the total health budget goes to health promotion programmes. In 1980, 4.2% of this health budget was spent on promotion, while the figure increased to 4.5% in 1992 and has remained stable since. In concrete terms, 100 EURO is spent currently in Germany per year per capita on prevention and promotion programmes. There are no figures yet available with regard to mental health specifically, but they are presumed to be smaller.

In Cyprus, reforms started only a few years ago. A five-year plan is directed at de-institutionalisation, greater accessibility of services, prevention and promotion programmes, legal measures, increase of personnel and the replacement of larger facilities with smaller units.

Attention was drawn to the risk that if one advocates the need to develop prevention and promotion programmes then one is almost automatically responsible for dealing with many social problems, despite the fact that the solution can not always be found within the health sector - often it is the Departments of Housing, Social Services and Education which hold the solution. Therefore, in raising issues of the need to undertake mental health promotion or prevention programmes, it is important to set boundaries in the field of work pursued by the health department directly.

6. FINDING A CONSENSUS

The morning of the third day started with a summary of the meeting. It was concluded that the promotion of mental health, prevention of mental ill-health and mental health care are complimentary, but that different approaches were necessary to reach the best possible mental health outcomes. From participant's comments during presentations and discussions, all the above factors were seen as necessary to achieve a comprehensive strategy on mental health. The balance between mental health promotion and treatment should be based on historical, cultural, structural and ethical factors and conditions at the appropriate level within each country.

Following the summary, a draft consensus document was presented and feedback and suggestions for improvement were obtained from participants. Participants' remarks indicated the importance of paying special attention to: the needs of countries from Central & Eastern Europe; legislation issues and the right to care; the need to involve users and family members; interaction and partnership with other health services; equal accessibility of services; rehabilitation issues and community based care programmes. Also, it was suggested to incorporate a statement on user involvement, self-help and alternative services, legislation and freedom of choice. The final version of the document, which is attached to this report, was met with much approval.

Representatives of both the WHO and the EC stated that a collection of country reports by participants should be available in a provisional format prior to the Tampere Conference in October 1999. Also, it was pointed out that there ought to be substantial follow-up by the WHO with regard to Eastern Europe and that step-by-step it will be seen in what way the EC could be involved. EC-representatives also stressed the need for feedback to the media and the development of a media concerted campaign. At this stage it is in their view essential to make the (common) case to the outside world.

7. Conclusions of ‘Balancing Mental Health Promotion and Mental Health Care

Joint World Health Organization/European Commission Meeting’ Brussels, 22-24 April 1999

‘There is No Health Without Mental Health’

Mental health promotion and mental health care are complementary parts of the spectrum of necessary interventions to achieve good mental health outcomes for the population. Both approaches are essential elements of a comprehensive mental health strategy and a balance should be realized between them, stressing an inter-sectoral and a multi-disciplinary approach. This balance will be based on historical, cultural, structural [including availability of health and social services] and ethical factors and conditions, and made at the appropriate level in each context. Actions should be based on the best available knowledge or evidence, and continuously evaluated.

The following nine key principles are central to mental health promotion and to mental health care: personal autonomy, sustainability, effectiveness, accessibility, comprehensiveness, equity, accountability, coordination, and efficiency.

Common goals and strategies to advance mental health promotion and care include:

- Enhancing the visibility and improving recognition of the value of mental health, including at the political level
- Increasing the interchange of knowledge and experience on mental health and the transmission of mental health information
- Developing innovative and comprehensive, explicit mental health policies in consultation with all stakeholders, including users and carers, and respecting NGO and citizen contributions
- Defining priorities regarding settings, target groups, and target conditions for activities and interventions in mental health promotion, primary, secondary and tertiary prevention and prevention of mortality (e.g. families, schools, workplaces, prisons, neighbourhoods, social services, primary and specialist care)
- Development of primary care and specialized mental health services focusing on quality of care and the development of new non-stigmatizing and self-help approaches
- Tackling inequity in health by giving special attention to the mental health promotion and care needs of marginalized, deprived and socially excluded groups, taking account of the serious social changes and upheavals currently occurring in many countries of the European region of the WHO, in particular in the newly emerging democracies.
- Developing evidence-based guidelines for mental health promotion, primary and secondary care, including rehabilitation and community-based interventions
- Developing a human resource strategy and emphasizing continuing professional development (life long learning and training)

- Highlighting research and development, establishing mental health information and monitoring systems, including systems to assess the prevalence, cost and needs of mental health and outcomes of intervention
- Development of mental health legislation based on human rights, emphasising freedom of choice, and the importance of appropriate confidentiality

The participants expressed the wish that European Commission and World Health Organization focus upon these priority issues in the framework of their respective programmes, and as a basis to explore avenues for joint actions. It is also expected that all European countries will pay adequate attention to the priority issues identified by the meeting. The priorities will be discussed further in the European Conference on Promotion of Mental Health and Social Inclusion, which will be organised by the Finnish Presidency of the European Union, to take place in Tampere, Finland in October 1999, and taken into account in context of the WHO initiative "Nations for Mental Health".

**BALANCING MENTAL HEALTH PROMOTION AND MENTAL HEALTH CARE:
A JOINT WORLD HEALTH ORGANIZATION (WHO)/EUROPEAN COMMISSION (EC)
MEETING
Brussels, 22-24 April 1999**

Time-table

Location: Room O/D ground floor, European Commission, Centre A. Borschette, Rue Froissart, 36, B-1040 BRUXELLES.

Thursday, 22 April

09.00 - 10.00	Registration and coffee
10.00 - 10.45	Opening of the meeting Dr W. Kreisel, Executive Director, WHO Office at the European Union, Belgium Mr A. Berlin, Advisor DG/V/F, European Commission His Excellency, Mr Marcel Colla, Minister of the Public Health and Pensions, Belgium Madam Eva Biaudet, Minister of Social Affairs and Health, Finland
10.45 - 11.00	Introductory remarks (Dr B. Saraceno, Director Mental Health, WHO HQ, Geneva)
11.00 - 11:30	Key note presentation Mental health promotion: Principles and strategies (Professor V. Lehtinen)
11:30 - 11:40	Questions
11.40 - 12.10	Key note presentation Mental health care, service planning and service delivery (Professor M.Tansella and Professor G. Thornicroft)
12.10 - 12.20	Questions
12.20 - 12.35	Mental health and the role of the workplace (Ms S. Maybud)
12.35 - 12.45	Questions
12.45 - 14.30	Lunch

- 14.30- 14.45 Introduction to the round table discussion (Dr P. Lahti)
- 14.45- 16.15 Round table discussion
Mental health care and mental health promotion: What are the implications if one approach assumes much greater priority over the other? (Mr P. Lehman; Professor C. Hosman; Professor G. Thornicroft; Professor J.M. Caldas De Almeida)
- 16.15 - 16.45 Coffee
- 16.45 - 17.15 Summing up - round table discussion (Dr P. Lahti)
- 19.00 - 20.30 Cocktail party

Friday, 23 April

- 09.00 - 09.05 Introduction to best practice examples (Chairperson: Professor Toma Tomov)
- 09.05 - 10.30 Best practice examples of mental health care and mental health promotion
(i) Best practice example or the transformation of mental health care in the transforming society (Dr Peter Breier, Slovakia)
(ii) Experience of the Vilnius Child Development Center: components of success (Dr Dainius Puras, Lithuania)
(iii) From the psychiatric hospital to community care (Dr M. Desviat, Spain)
- 10.35 - 11.00 Coffee break
- 11.00 - 12.00 Best practice examples of mental health care and mental health promotion (continued)
(iv) The public health sector and non professionals - the French approach: State of art -concrete example from the eastern suburbs of Lille (Dr Jean-Luc Roelandt, France)
(v) Best practice examples of mental health care and health promotion in Malmö (Dr Lars-Olaf Ljungberg, Sweden)
- 12.00 - 12.10 Introduction to discussion on status of mental health care and mental health promotion around Europe (Chairperson: Mrs Irma Ballering)
- 12.10 - 12.30 Mental Health Europe's role in preventing mental health problems and in promoting and protecting mental health (Dr Josée Van Remoortel and Dr Pirko Lahti)

- 12.30 - 13.00 Open discussion on status of mental health care and mental health promotion around Europe
- 13.00 - 14.30 Lunch
- 14.30 - 16.00 Open discussion: Status of mental health care and mental health promotion around Europe (continued)
- 16.00 - 16.30 Coffee break
- 16.30 - 17.30 Open discussion: Status of mental health care and mental health promotion around Europe (continued)
- 19.30 Dinner

Saturday, 24 April

- 09.00 - 09.30 Summary of meeting issues (Dr Eero Lahtinen)
- 09.30 - 10.00 Presentation of draft report on issues to be considered when trying to achieve an appropriate balance for mental health services and mental health promotion in Europe (Professor G. Thornicroft)
- 10.00 - 10.30 Coffee break
- 10.30 - 11.30 Discussion of draft report on issues for achieving an appropriate balance between mental health promotion and health service delivery and care (Dr Eero Lahtinen and Professor G. Thornicroft).
- Rapporteur (Dr Robert van Voren)
- Closure of meeting (Mr H. Kloppenburg and Dr B. Saraceno)

**BALANCING MENTAL HEALTH PROMOTION AND MENTAL HEALTH CARE:
A JOINT WORLD HEALTH ORGANIZATION (WHO)/EUROPEAN COMMISSION
(EC) MEETING
Brussels, 22-24 April 1999**

List of Participants

- 1. European Union Member States**
- 2. EEA States**
- 3. Non EU Member States**
- 4. Mental Health Organizations and Foundations**
- 5. The Secretariat**

1. European Union Member States

Belgium:

Mr Marcel Colla (**Represented by Gie Goyvaerts**)
Son Excellence Monsieur le Ministre de la Santé
publique et des Pensions
Boulevard Bischoffsheim, 33
1000 Bruxelles
Belgique
Tel: +32-2 220 2011
Fax: +32-2 220 2067

Prof. Anseau (Unable to attend)
Université de Liège
Centre Hospitalier Universitaire
Avenue de l'hôpital 13
bâtiment B35
4000 Liège
Belgium
Tel: +32 4 366.71.11
Fax: +32 4 366.72.83
Email: marc.ansseau@chu.ulg.ac.be

Professor F. Baro
Co-Director
WHO Collaborating Centre
Esplanade Building Room 303
Pachecolaan 19 Box 5
1010 Brussels
Belgium
Tel: +32 2 210 44 62
Fax: +32 2 218 67 46
Email: EACH@health.fgov.be

Mr A. Berwaerts
Adviser général
Ministère de la Santé publique
Cité administrative de L'Etat
Boulevard Pachéco, 19 -boîte 5
1010 Bruxelles
Belgique
Tel: +32-2 210 4511
Fax: +32-2 218 6746
Email: Alfred.Berwaerts@health.fgov.be

Mr Christiaan Decoster (**Represented by Mr Pol de Bock**)
Director General
Cabinet of Director General
Ministry of Social Affairs, Public Health and the
Environment
Cité Administrative de l'Etat
Quartier Vésale - Bureau V.550
1010 Bruxelles
Belgique
Tel: + 32 2 210 4812
Fax: + 32 2 210 47 71
Email: Christiaan.Decoster@health.fgov.be

Prof. De Deyn
AZ Middelheim
Universiteitsplein 1
2610 Wilrijk
of:
Geheugenkliniek - AZ Middelheim
Commandant Weynsstraat 165
2660 Hoboken
Belgium
Tel: +32 3 820.26.20
Tel: +32 2 280.31.24
Fax: +32 3 820.26.18
Email: ppdedeyn@uia.ac.be

Mr Gie Goyvaerts
Advisor, Cabinet in mental health matters
c/o Mrs Hoedmakers, Deputy Chief of the Cabinet
Bischoffsheimlann 33,
1000 Brussels, Belgium
Tel: 32 2 220 2011
Fax: 32 2 220 2067

Mrs Tana Flynn
Liaison Office
European Network Health Promoting Agencies
33 rue de Pascale
B - 1040 Brussels
Tel: +32 2 233 3870
Fax: +32 2 233 3872
Email: enhpa.liaison@village.uunet.be

Prof. Van Heeringen
 Universitair Ziekenhuis
 dienst psychiatrie
 De Pintelaan 185
 9000 Gent
 Belgium
 Tel: +32 9 240. 21.11
 Fax: +32 9 240. 49. 89
 Email: cornelis.vanheeringen@rug.ac.be

Prof. Marc De Hert (Unable to attend)
 Universitair Psychiatrisch Centrum (UPC) St. Jozef
 Leuvensesteenweg 517
 3070 Kortenberg
 Belgium
 Tel: +32 2 758.05.11
 Fax: +32 2 759.53.80
 Email: marc_de_hert@uc.kortenberg.be

Mrs Mary McPhail
 General Secretary
 European Public Health Alliance
 33 rue de Pascale
 B - 1040 Brussels
 Tel: +32 2 233 3889
 Fax: +32 2 233 3880
 Email: mary@epha.org

Dr Jean Paul Matot
 Medecin Directeur du Service de Santé mentale
 à l'Université Libre de Bruxelles
 Campus de la Plaine
 Boulevard du Triomphe /Accès 2/ Bât. H.B.
 C.P. 254
 1050 Bruxelles
 Belgique
 Tel: +32-2 650 59 26 - 59 84
 Fax: +32-2 650 59 65

Professor Julien Mendlewicz
 Centre Universitaire Belge de Recherche et
 d'Action "Santé et Facteurs psychosociaux and
 psychobiologiques"
 Université Libre de Bruxelles
 Route de Lennik 808
 1070 Bruxelles
 Belgique
 Tel: +32 2 555 44 09
 Fax: +32 2 555 45 15
 Email: jmendlew@ulb.ac.be

Ms Leen Meulenberg
 Project Leader
 European Alzheimer Clearing House
 Esplanade Building Room 303
 Pachecolaan 19 Box 5
 1010 Brussels
 Belgium
 Tel: +32 2 210 44 62
 Fax: +32 2 218 67 46
 Email: EACH@health.fgov.be

Dr Marc Servaes
 Psychiatro Communauté flamando
 Ministerie van de Vlaamse Gemeenschap
 Administratie Gezondheidszorg
 Markiesstraat, 1
 1000 Brussels
 Belgique
 Tel. : +32-2 553 36 01
 Fax : +32-2 553 36 05

Denmark:

Dr Preben Bo Mortensen (Unable to attend)
 Department of Psychiatric Demography
 Skovagervej 2
 8240 Risskov
 Denmark
 Fax: +45 8617 7455

Finland:

Madam Eva Biaudet (**Replaced by Dr Tahani Piha**)
 The Minister of Social Affairs and Health
 Ministry of Social Affairs and Health
 Box 267
 00171 Helsinki
 Finland
 Tel: +358 9 160 3779
 Fax: +358 9 160 4482

Dr Tapani Piha
 Adviser, Permanent Representation of Finland
 to the European Union
 rue de Trèves 100
 1040 Bruxelles
 Belgique
 Tel: +32 2 287 8467
 Fax: +32 2 287 8404
 Email: tapani.piha@formin.fi

Dr Pirkko Lahti
The Finnish Association for Mental Health
European Regional Council
Maistraatinportti 4 A
00240 Helsinki
Finland
Tel: +358 9 615516
Fax: +358 9 61551770
Email: pirkko.lahti@mielenterveysseura.fi

Dr Eero Lahtinen
Principal Medical Officer
STAKES
National Research and Development Centre for
Welfare and Health
Siltasaarekatu 18, P.O. Box 220
00531 Helsinki
Finland
Tel: +358 9 1604032
Fax: +358 9 1604144
Email: eero.lahtinen@stm.vn.fi

Professor Ville Lehtinen
Research Professor
STAKES, the National Research and Dev.
Centre for Welfare and Health
Mental Health Research and Dev. Group
Siltasaarekatu 18 B
P.O Box 220
00531 Helsinki
Finland
Tel: +358 9 3967 2331
Fax: +358 9 3867 2155
Email: ville.lehtinen@stakes.fi

France:

Dr Jean-Luc Roelandt
Secteur 50/G22
Lille/Hellemmes
Centre Medico-Psychologique
286, rue Kleber
59155 Faches Thumesnil
France
Tel: +33 3 20 62 07 28
Fax: +33 3 20 96 32 10
Email:

Dr Francoise Molénat (Unable to attend)
L' Afrée Montpellier
BP 5584
34072 Montpellier
France
Tel: + 33 4 67 45 36 91
Fax: + 33 4 67 40 47 32
E-mail: afree@sc.univ-montpl.fr

Ms Marie Tack
41 Boulevard Voltaire
Paris 75011
France
Tel & Fax: +33 1 431 40699

Germany:

Dr Hans Joachim Salize
WHO Collaborating Centre
Zentrlnstitut für Seelische Gesundheit
Postfach 122120
68072 Mannheim
Germany
Tel: +49 621 1703931
Fax: +49 6211703760

Dr Karl Kuhn
European Network for Workplace Health
Promotion
Bundesanstalt für Arbeitsschutz und Arbeitsmedizin
Friedrich-Henkel-Weg 1-25
44149 Dortmund
Germany
Tel: +49 231 9071 243
Fax: +49 231 9071 454
Email: bauer@baua2.do. shuttle.de

Greece:

Professor Costa(s) Stefanis (Unable to attend)
Director
University Mental Health Research Institute
72-74 Vas. Sofias Avenue
115 28 Athens
Greece
Tel: +301 721 7763/ 724 7398/ 723 4478/ 7295180
Fax: +301 723 9805 / 724 3905
Email:

Ireland:

Mr Brian Howard (Unable to attend)
 Department of Health
 Hawkins House
 Dublin 2,
 Ireland
 Tel:
 Fax: +352 1 671 4711

Italy:

Dr Tommaso Losavio
 Dirigente Settore Medicina Sociale
 Regione Lazio
 Assessorato Salvaguardia e Cura della Salute
 Via R. Raimondi Garibaldi
 00145 Roma
 Italia
 Tel: +39 06 516 83606
 Fax: +39 06 516 85160

Professor Michele Tansella
 Professor of Psychiatry and Director,
 Department of Medicine and Public Health
 University of Verona
 Section of Psychiatry
 Ospedale Policlinico
 37134 Verona
 Italia
 Tel: +39 045 508860
 Fax: +39 045 500873
 Email: tansella@borgoroma.univer.it

Luxembourg:

Dr Jean-Marc Cloos
 Service de Psychiatrie
 Centre Hospitalier de Luxembourg
 4 rue Barble
 L-1210 Luxembourg
 Tel: +352 44 11 2706
 Fax: +352 44.12.47 ("to Dr Cloos")
 Email: cloos.jm@chl.lu or
 jeanmarc.cloos@link.be

The Netherlands:

Mrs Irma Ballering
 Ministerie van V W S
 Po 2500 EJ den Hague
 The Netherlands
 Tel: +31 70 340 7911
 Fax: +31 70 340 5550 /7834
 Email: f.vloemans@minvws.nl

Professor Clemens Hosman
 University of Nijmegen
 Department of Clinical Psychology and Personality
 Postbox 9104
 6500 HE Nijmegen
 The Netherlands
 Tel: +31 24 36 12 663 or 3612668
 Fax: +31 24 36 15 594 or
 hm: ph/fax: +31 24 39 78 224
 Email: hosmanpr@worldonline.nl

Professor Aart Schene
 Professor of Community Mental Health Care
 Department of Psychiatry
 Academic Medical Centre
 University of Amsterdam
 Meibergdreef 9
 1105 AZ Amsterdam Zuidoost
 The Netherlands
 Tel: +31 20 56 62 088
 Fax: +31 20 69 71 971

Portugal:

Professor José Miguel Caldas de Almeida
 Universidade nova de Lisboa
 Clinica Universitaria de Saude Mental e
 Psiquiatria
 Calcada da Tapada, 155
 1300 Lisboa
 Portugal
 Tel/Fax: +351 1 364 4651

Spain:

Dr Antoni Arteman
Director of Mental Health
Collegi Oficial de Metges de Barcelona
Passeig de la Bonanova
47-08017 Barcelona
Spain
Tel: +34 934188888 ext 283
Fax: +34 934184301
Email: col.metges@comb.es

Dr M. Desviat
Instituto Psiquiatrico Servicios de Salud Mental
Jose German
Consejeria de Sanidad y Servicios Sociales
Comunidad de Madrid
Direccion-Administracion
Luna, 1
28911 Leganés, Madrid
Spain
Tel.: +34 91 5866462/61
Fax: +34 91 58 66542/43
Email: mdesviat@ipsgermain.es

Dr D. Juan. Lopez-Ibor
Jefe del Servicio de Pssiquitria
Hospital Clinico "San Carlos"
Doctor Martin Lagos, s/n
28072 Madrid
Spain
Tel: + 34 91 330 3572/ 373 92 21
Fax: +34 91 330 3574

Sweden:

Mr Per-Erik Rinsell
Head of Section, Mental Health
Ministry of Health and Social Affairs
S-103 33 Stockholm
Sweden
Tel: +46 8 405 533 15
Fax: +46 8 723 11 91

Professor Lars Jacobsson
Department of Psychiatry
University of Umea
901 85 Umea
Sweden
Tel: +46 90 785 63 13
Fax: +46 90 785 65 97
Email: lars.jacobsson@psychiat.umu.se

Professor Lars-Olof Ljungberg
MAS University Hospital
Dept. of Psychiatry, Entrance 79
205 02 Malmö
Sweden
Tel: +46-40-337290
Fax: +46-40-337057
Email: lars-olof.ljungberg@skane.se

Ms Kerstin Tode
Project Coordinator Megapoles
European Network for Capital Cities/Regions
Unit of Social Medecine
Norrbacka
17176 Stockholm
Sweden
Tel: +46 8 51777943
Fax: +46 8 334693
Email: kerstin.tode@socmed.sll.se

United Kingdom:

Dr Rachel Jenkins
Director, WHO Collaborating Centre
Institute of Psychiatry
De Crespigny Park
Denmark Hill
London SE5 8AF
UK
Tel: +44 171 740 5293
Fax: +44 171 919 3669
Email: r.jenkins@iop.bpmf.ac.uk

Professor Graham Thornicroft
Director, PRISM
The Maudsley
Institute of Psychiatry
Section of Community Psychiatry
De Crespigny Park, Denmark Hill
London SE5 8AF
UK
Tel: +44 171 919 2610
Fax: +44 171 277 1462
Email: gthornicroft@compuserve.com

Ms Felicity Ford
European Network for Broadcasting Health
Broadcasting Support Services (BBS)
Union House
Shepherd's Bush
London W12 8UA
UK
Tel: +44 181 735 5049
Fax: +44 181 735 5099
Email: felicity.ford@bss.org

Mr John Henderson
Policy Director
Mental Health Europe (Belgium)
36 Long Cram
Haddington
East Lothian EH41 4NS
UK
Tel: +44 1620 829404
Fax: +44 1620 829405
Email: info@mhe-sme.org

2. EEA States

Norway:

Mr Thor Rogan (Unable to attend)
Deputy Director General
The Norwegian Ministry of Health and Social Affairs
ABA, Division for International Affairs
P.O. Box 8011 Dep.
0030 Oslo
Norway
Tel: +47 22 24 87 15
Fax: +47 22 24 95 78

Dr Edvard Hauff
Consultant Psychiatrist
Holmlia Mental Health Centre
Director of Psychiatric Education
Ullevaal Univeristy Hospital
Postboks 25
1201 Oslo
Norvège
Tel Direct: +47 22 76 5514
or Tel: +47 22 76 5600
Fax: +47 22 76 5680
Email:edvardh@ulrik.uio.no

Iceland:

Prof. Hannes Pettursson
Lansspittallin University Hospital
Department of Psychiatry
Postbox 10
121 Rejkjavik
Iceland
Tel: +354 5601700
Fax: +354 5601720
Email: hannesp@rsp.is

3. Non EU Member States

Albania:

Professor Anastas Suli (Unable to attend)
 Head of Psychiatry Service
 University Hospital Center
 "Mother Teresa"
 Rruga "Thanas Ziko" No. 68, Tirana
 Albania
 Tel. & Fax: +355-42-64703
 Email: abi@icc.al.eu.org

Bulgaria:

Professor Toma Tomov
 Head, Department of Psychiatry
 Medical University
 University Hospital Alexandrovska
 1 Saint Georgui Sofiyski Street
 Sofia 1431
 Bulgaria
 Tel: +359 2 520333
 Fax: +359 2 591119 & 359 2 442418
 Email: tomov@sun.medun.acad.bg
 : c/o mental@mbox.cit.bg
 c/o Tel: +359 2 598039; 597045

Dr Anna Dimitrova Varsanova
 Head, Sector for Outpatient Care
 Division of Therapeutic and Preventive Services
 Ministry of Health
 5 Saint Nedelia Square
 Sofia 1000
 Bulgaria
 Tel: +359 2 88 46 66
 Fax: +359 2 981 18 33

Cyprus:

Dr Marios Onisiforou
 Director of Mental Health Services
 Athalassa Hospital
 1452, Nicosia
 Cyprus
 Tel: +357 2 482320
 Fax: +357 2 487941

Czech Republic:

Dr Pavel Baudi
 Psychiatrické Centrum
 Ustavní 91
 180 00 Praha 8 - Bohnice
 Czech Republic
 Tel.: +420 2 6600 3380
 Fax: +420 2 6600 3366

Dr Jan Pfeiffer
 Center for Mental Health Care Development
 Kamenická 25
 170 00 Praha 7
 Czech Republic
 Tel: +420-2-377598
 Fax: +420-2-377852
 Email: cmhcd@cmhcd.anet.cz

Estonia:

Dr Aine Sarjas
 Head of Department of Social Development
 Ministry of Social Affairs
 29 Gonsiori, 15027 Tallinn
 Estonia
 E-mail: aive@sm.ee
 Tel: +372-6269750, or 740
 Fax: +372-6269743
 Mobile: +372-5079962

Hungary:

Dr Laszlo Lajtavari
 Deputy Director, 1st Dept. of Psychiatry and
 Psychiatric Rehabilitation
 Nyiro Gyula Hospital
 1135 Budapest, XIII. Lehel-u 59
 Hungary
 Tel: (wk) +361 451 2660
 Fax: +361 451 2659
 Email: h13724laj@alla.hu

Professor Andras Veer (Unable to attend)
 National Institute of Psychiatry and Neurology
 Hűvösvölgyi ut 116
 1021 Budapest
 Hungary
 Tel: +361 394 5922
 Fax: +361 3915305

Israel:

Dr Dina Feldman
Head of Research, Evaluation & Planning
Mental Health Services
Ministry of Health
2 Ben Tabai St.
P.O.B 1176
Jerusalem 91010
Tel : + 972 2 5681243
Fax: + 972 2 6725822
Email: gnijoheved@matat.health.gov.il

Latvia:

Mrs Solita Udrasa
Director of Mental Health Care Center of Latvia
Raina Bulv. 27
Riga LV-1359
Latvia
Tel: +371 721 3191
Fax: +371 7222 305
Email: vpvac@sisenis.com.latnet.lv

Lithuania:

Mrs Ona Davidoniene
Director
State Mental Health Centre
Parko 15, 2041 Vilnius
Lithuania
Tel: +370-2 67 55 94; Mobile: +370-99 48 303
Fax: +370-2 67 00 80
Email: vpklinika@post.omnitel.com

Dr Dainius Puras
Vytauto 15
2004 Vilnius
Lithuania
Tel: +370 2225523
Fax: +370-2-225523

Malta:

Dr Andrew Amato-Gauci
Consultant in Public Health Medicine and
Chairperson of the Mental Health Reforms
Committee
Department of Health Policy and Planning
Ministry of Health
6 Harper Lane
CMRO2 Floriana
Malta
Tel: +356 250202
Fax: +356 246000
Email: aag@maltanet.net

Moldova:

Dr Mihai Hotineanu
Ministerul S n t il al Republicii Moldova
Str. Ismail 86
Apt. 64, Chisinau 27700
Rep. of Moldova
Tel: +373-2-729907 or 729838
Fax: +373-2-738781

Poland:

Dr Czeslaw Czabala
Deputy Director
Institute of Psychiatry and Neurology
WHO Collaborating Centre for Research
and Training in Mental Health
1/9 Sobieskiego Str.
02 957 Warsaw
Poland
Tel: +48 22 42 26 50
Fax: +48 22 64 253 75

Romania:

Dr Carmen Andreescu
Allea Baraj Cucuteni 4, Bl. M 5a, Sc. 2
Apt 37, Bucuresti Sektor 3
Romania
Tel:
Fax: +40-1-2506768

Dr Radu Teodorescu
 Vice President
 Romanian League for Mental Health
 Sos. Mihai Brav 90-96
 Bl. D17, Sc 4, Apt. 149, Sector 2
 77209 Bucuresti 6
 Romania
 Tel & Fax: +40-1 2 520866
 Email: lrsm@dnt.ro or rteo@ap.nec.ro

The Russian Federation:

Professor T.B. Dmitrieva
 Director of Serbsky National Research Centre for
 Social and Forensic Psychiatry
 23 Kropotkinsky per
 119839 Moscow
 Russian Federation
 Tel: +7 095 201 52 62
 Fax: +7 095 201 72 31, +7-095 201 49 31
 Email: IGK@dfc.sspcentre.msk.su

Dr Vladimir Tochilov
 Director, Department of Psychiatry and Narcology
 State Medical Academy of St Petersburg
 Matveeva Str. 3
 190121 St. Petersburg
 Russian Federation
 Tel: +7-812-1147635
 Fax: +7-812-1140298
 Email: sppa@comset.net

Slovakia:

Dr Peter Breier
 Head, Department of Psychiatry
 General Hospital
 Ruzinov
 Ruzinovska 6
 826 06 Bratislava
 Slovak Republic
 Tel: +421 7233247 or +421 7 4333 3247
 Fax: +421 7236433 or +421 7 4333 6433
 Email: bpj@press.sknet.sk

Slovenia:

Dr Anica Mikus Kos
 Slovenian Philanthropy
 Levstikova 22
 1000 Ljubljana
 Slovenia
 Tel: +386 61 210 228 or +386 61 125 58 71
 Fax: +386 61 1212605
 Email: anica.kos@guest.arnes.si

Switzerland:

Dr Tedy Hubschmid
 Societe Suisse de Psychiatrie et Psychotherapie
 Postfach 895
 3000 Bern 7
 Switzerland
 Tel: +41 31 320 29 20
 Fax: +41 31 311 06 88

The Ukraine:

Dr Raisa Bogatryyova
 Deputy Minister of Health
 Ministry of Health
 Hrushchevskogo 7
 252021 Kiev
 Ukraine
 Tel:
 Fax: +380-44-4103739

Ms Raisa Kravchenko
 C/o Ukrainian Psychiatric Association, ul. Frunze
 103a, Kiev
 Ukraine
 Fax: +380-44-4636727

4. Mental Health Organizations and Foundations

European Regional Council (ERC)

Dr Josée Van Remoortel
Executive Director
European Regional Council of the World
Federation for Mental Health
(ERC-WFMH)
Boulevard Clovis 7, B-1000 Brussels
Belgium
Tel: +32 2 280 04 68
Fax: +32 2 280 16 04
Email: info@mhe-sme.org

Ms Nathalie Moyersoen
Project Co-ordinator
Mental Health Europe
European Regional Council of the World
Federation for Mental Health
Boulevard Clovis 7, B-1000 Brussels
Belgium
Tel: + 32 2 280 04 68
Fax: + 32 2 280 16 04
Email: afree@sc.univ-montpl.fr

Comité Européen du Droit Ethique (CEDEP)

Dr Claude Louzoun
153, Rue de Charenton
75012 Paris
France
Tel: +33 607 966900
+33 1 14 24 0969
Fax: +33 1 43 44 77 54

International Labour Organization (ILO)

Ms Susan Maybud
Vocational Rehabilitation Branch
Employment and Training Department
The International Labour Organization (ILO)
1211 Geneva 22
Switzerland
Tel: +41 22 799 7883
Fax: +41 22 799 6310
Email: maybud@ilo.org

European Psychiatric Association

Dr J. Angst
Psychiat. UniKlinik
Lenggstrasse 31
Postfach 68
8029 Zürich 8
Suisse
Tel: +41 1 384 2629/34
Fax: +41 1 384 2446

World Association for Psychosocial Rehabilitation (WAPR)

Dr Jaques Dubuis
Hopital Psychiatrique du Vinatier
95 Bd. Pinel
69667 Bron Cedex
France
Tel: +33 (0) 4.37.91.50.80
Fax: +33 (0) 4.37.91.50.82
Email : IMCEAEX-
_O=CHV_OU=CHVEXCH1_CN=COMPTE+20S
UR+20CHVEXCH1_CN=LAURENT@ch-le-
vinatier.fr

Geneva Initiative

Dr Robert van Voren
General Secretary
Geneva Initiative on Psychiatry
P.O.Box 1282, 1200 BG Hilversum
The Netherlands
Tel: +31-35-6838727
Fax: +31-35-6833646
Email: rvvoren@geneva-initiative.org
Email: gip@euronet.nl

**European Network of (ex) Users and
Survivors of Psychiatry**

Mr Peter Lehman

President

European Network of (ex) Users and
Survivors of Psychiatry

Zabel-Krüger-Damm 183

13469 Berlin

Germany

Tel/Fax: +49 30 8596 3706

Email: p.lehmann@berlinet.de

Foundations:

Johnson and Johnson European Philanthropy Committee

Mr Andrew Weber (Unable to attend)
Director of International Relations - Psychiatry
International Marketing Department
Janssen Pharmaceutica
2340 Beerse
Belgium
Tel: +32 14 60 21 11/+32 14 60 59 10
Fax: +32 14 60 63 77

Mrs Françoise Rossignol
Director, European Public Affairs
Eli Lilly
Rue de l'Etuve, 52
Bruxelles 1000
Belgique
Tel:
Fax: +32-2 5488690

Dreyfus Health Foundation

Dr Barry Smith
205 East 64th St
Suite 404
New York, NY 10021
USA
Tel: +1 212 750 50 75
Fax: +1 212 371 2776
Email: bsmith@thf.org

Focchi

Mr Maurizio Focchi
c/o FOCCHI S.P.A.
Circonvallazione Ovest, 9
47900 Rimini
Italia
Tel: +39 0541 740055
Fax: +39 0541 742167

Eli Lilly and Company Foundation

Mr Larry Cimino (Unable to attend)
Lilly Corporate Center
Indianapolis,
Indiana 46285
USA
Tel: + 1 317 276 3177
Fax: + 1 317 277 3127

5. The Secretariat

European Union:

Dr Alexandre Berlin
 Advisor DG/V/F
 European Commission
 200, rue de la Loi
 J-37-629
 1049 Bruxelles
 Belgium
 Tel: +32 2 29 59401
 Fax: +32 2 29 55199

Dr Matti Rajala
 Head of Unit DG V/F/3
 Health Promotion, Health Monitoring and
 Injury Prevention
 European Commission
 Euroform Building
 10 rue Robert Stumper
 L - 2557 Luxembourg
 Tel: +352 4301 38502
 Fax: +352 4301 32059
 Email: matti.rajala@lux.dg5.cec.be

Mr Horst Kloppenburg
 Principal Administrator DG V/F/3
 European Commission
 Euroform Building
 10 rue Robert Stumper
 L - 2557 Luxembourg
 Tel: +352 4301 33282
 Fax: +352 4301 32059
 Email: horst.kloppenburg@lux.dg5.cec.be

Mr Alain Cluzeau
 Assistant to Director DG/V/F
 European Commission
 Euroform Building
 10 rue Robert Stumper
 L - 2557 Luxembourg
 Tel: +352 4301 33874
 Fax: +352 4301 34511
 Email: alain.cluzeau@lux.dg5.cec.be

Dr Henry Scicluna (Unable to attend)
 Head of Health and Social Policy Division
 Council of Europe
 67075 Strasbourg Cedex
 France
 Tel: +33 3 88 41 20 00
 Fax: +33 3 88 41 27 26

WHO Headquarters:

Dr Benedetto Saraceno
 Director
 Department of Mental Health
 World Health Organization
 CH - 1211 Geneva 27
 Switzerland
 Tel: +41 22 791 36 03
 Fax: +41 22 791 41 60
 Email: saracenob@who.ch

Dr Michelle Gomel
 Scientist
 Nations for Mental Health
 Department of Mental Health
 World Health Organization
 CH - 1211 Geneva 27
 Switzerland
 Tel: +41 22 791 2578
 Fax: +41 22 791 41 60
 Email: gomelm@who.ch

Dr Desmond O'Byrne
 Department of Health Promotion
 World Health Organization
 CH - 1211 Geneva 27
 Switzerland
 Tel: +41 22 791 25 78
 Fax: +41 22 791 4186
 Email: obyrd@who.ch

WHO WEU:

Dr Wilfried Kreisel
Executive Director WEU
World Health Organization Office at the European
Union
c/o Department of International Relations
Ministry of Social Affairs, Public Health
and the Environment
Cité administrative de l'Etat
Boulevard Pachéco 19, Boite 5
B-1010 Brussels
Belgium
Tel: +32 2 210 6403; +41 22 791 2794
Fax: +32 2 210 6405
Email: weu@who.ch

Mrs Carmelita Barnes
Technical Officer
World Health Organization Office at the European
Union
c/o Department of International Relations
Ministry of Social Affairs, Public Health
and the Environment
Cité administrative de l'Etat
Boulevard Pachéco 19, Boite 5
B-1010 Brussels
Belgium
Tel: +32 2 210 6403
Fax: +32 2 210 6405
Email: weu@who.ch

Mr Philip Stroot
Information and External Relations Officer
World Health Organization Office at the European
Union
c/o Department of International Relations
Ministry of Social Affairs, Public Health
and the Environment
Cité administrative de l'Etat
Boulevard Pachéco 19, Boite 5
B-1010 Brussels
Belgium
Tel: +32 2 210 6403
Fax: +32 2 210 6405
Email: weu@who.ch

WHO EURO:

Dr Wolfgang Rutz
Regional Adviser for Mental Health
WHO Regional Office for Europe
8, Scherfigsvej
2100 Copenhagen Ø
Denmark

BALANCING MENTAL HEALTH PROMOTION AND MENTAL HEALTH CARE: A JOINT
WORLD HEALTH ORGANIZATION/EUROPEAN COMMISSION MEETING
BRUSSELS, BELGIUM, 22-24 APRIL 1999

LIST OF WRITTEN PRESENTATIONS AND CONTACT DETAILS AVAILABLE **

OPENING SESSION:

- 1) Opening Address by Dr Wilfried Kreisel
Executive Director, WHO Office at the European Union, Brussels
- 2) Opening Remarks by Mr Alexandre Berlin
Advisor, Public Health (European Commission), Brussels
- 3) Opening remarks by Minister of Public Health and the Pensions, Belgium
Represented by Mr Gie Goyvaerts, Advisor, Cabinet in mental health matters, Brussels
- 4) Opening remarks by Minister of Social Affairs and Health, Finland
Represented by Dr Tapani Piha, Adviser, Permanent Representative of Finland to the
European Union, Brussels
- 5) Introductory remarks by Dr Benedetto Saraceno
Director, Department of Mental Health, World Health Organization, Geneva, Switzerland

KEYNOTE SPEAKERS :

- 1) Mental Health Promotion: Principles and strategies by Professor Ville Lehtinen, Finland
- 2) Mental Health Care, Service Planning and Service Delivery by
Professor M.Tansella, Italy
Professor G. Thornicroft, UK
- 3) Mental health and the role of the workplace by Ms S. Maybud, Switzerland

ROUND TABLE DISCUSSION:

Mental health care and mental health promotion: What are the implications if one approach assumes much greater priority over the other?

- 1) Mr Peter Lehman; Germany
- 2) Prof. Dr. Clemens M.H. Hosman; The Netherlands
- 3) Professor G. Thornicroft; UK
- 4) Professor J.M. Caldas De Almeida, Portugal

**** FOR COPIES, PLEASE CONTACT SPEAKERS DIRECTLY**

BEST PRACTICE TALKS :

- 1) Best practice examples of the transformation of mental health care in the transforming society (Slovakia) by Peter Breier, Slovakia
- 2) Experience of the Vilnius Child Development Center: components of success by Dr Dainius Puras, Lithuania
- 3) From the Psychiatric Hospital to Community Care by Dr M. Desviat, Spain
- 4) The public health sector and non professionals - the French approach: State of art -concrete example from the eastern suburbs of Lille by Dr Jean-Luc Roelandt, France
- 5) Best practice examples of mental health care and health promotion in Malmö by Dr Lars-Olaf Ljungberg, Sweden

OPEN DISCUSSION:

Mental Health Europe's role in preventing mental health problems and in promoting and protecting mental health by Dr José Van Remoortel, Belgium and Dr Pirkko Lahti, Finland

- 1) Mental Health Care in Romania by Dr Radu Teodorescu
- 2) Mental Health Programme in Poland by Stanizlaw Puzynski, Jan Czeslaw Czabala
- 3) Mental Health Care in Latvia by Mrs Solita Udrasa
- 4) Mental Health Care in France by Ms Marie Tack
- 5) Relevant Aspects of Mental Health Reform Process in Catalonia by Dr Antoni Arteman
- 6) The Current Status of Mental Health in Italy by Dr Tommaso Losavio
- 7) Mental Health Promotion in the Grand-Duchy of Luxembourg by Dr J. M. Cloos
- 8) Towards a New Mental Health Strategy in Cyprus by Dr Marios Onisiforou
- 9) Mental Health Care and Mental Health Promotion in Norway by Dr Edvard Hauff
- 10) Mental Health Care and Mental Health Promotion in Switzerland by Dr Tedy Hubschmid
- 11) Mental Health Promotion, Prevention and Psychiatric Care in Sweden by Prof. Lars Jacobsson

CONCLUSION: By Eero Lahtinen, Finland

CLOSING SESSION: Mr Horst Kloppenburg, Principal Administrator DG V/F/3

**** FOR COPIES, PLEASE CONTACT SPEAKERS DIRECTLY**

ADDRESSES OF SPEAKERS

Dr Antoni Arteman
 Director of Mental Health
 Collegi Oficial de Metges de Barcelona
 Passeig de la Bonanova
 47-08017 Barcelona
 Spain
 Tel: +34 934188888 ext 283
 Fax: +34 934184301
 Email: col.metges@comb.es

Dr Alexandre Berlin
 Advisor DG/V/F
 European Commission
 200, rue de la Loi
 J-37-629
 1049 Bruxelles
 Belgium
 Tel: +32 2 29 59401
 Fax: +32 2 29 55199

Dr Peter Breier
 Head, Department of Psychiatry
 General Hospital
 Ruzinov
 Ruzinovska 6
 826 06 Bratislava
 Slovak Republic
 Tel: +421 7233247 or +421 7 4333 3247
 Fax: +421 7236433 or +421 7 4333 6433
 Email: bjp@press.sknet.sk

Professor José Miguel Caldas de Almeida
 Universidade nova de Lisboa
 Clinica Universitaaria de Saude Mental e
 Psiquiatria
 Calcada da Tapada, 155
 1300 Lisboa
 Portugal
 Tel/Fax: +351 1 364 4651

Dr J. Cloos
 Service d'Action Sociothérapeutique
 Ministère de la Santé
 c/o Pierre Campagna
 1, rue du Plebiscite
 L-2341 Luxembourg
 Tel: +352 40 47401
 Fax: +352 40.47.05
 Email: cloos.jm@chl.lu

Dr Czeslaw Czabala
 Deputy Director
 Institute of Psychiatry and Neurology
 WHO Collaborating Centre for Research
 and Training in Mental Health
 1/9 Sobieskiego Str.
 02 957 Warsaw
 Poland
 Tel: +48 22 42 26 50
 Fax: +48 22 64 253 75

Dr M. Desviat
 Instituto Psiquiatrico Servicios de Salud Mental Jose
 German
 Consejeria de Sanidad y Servicios Sociales
 Comunidad de Madrid
 Direccion-Administracion
 Luna, 1
 28911 Leganés, Madrid
 Spain
 Tel.: +34 91 5866462/61
 Fax: +34 91 58 66542/43
 Email: mdesviat@ipsgermain.es

Mr Gie Goyvaerts
 Advisor, Cabinet in mental health matters
 c/o Mrs Hoedmakers, Deputy Chief of the Cabinet
 Bischoffsheimlann 33,
 1000 Brussels, Belgium
 Tel: 32 2 220 2011
 Fax: 32 2 220 2067

Dr Edvard Hauff
 Consultant Psychiatrist
 Holmlia Mental Health Centre
 Director of Psychiatric Education
 Ullevaal Univeristy Hospital
 Postboks 25
 1201 Oslo
 Norvège
 Tel Direct: +47 22 76 5514
 or Tel: +47 22 76 5600
 Fax: +47 22 76 5680
 Email: edvardh@ulrik.uio.no

Professor Clemens **Hosman**
University of Nijmegen
Department of Clinical Psychology and Personality
Postbox 9104
6500 HE Nijmegen
The Netherlands
Tel: +3124 36 12 663 or 3612668
Fax: +31 24 36 15 594 or
hm: ph/fax: +31 24 39 78 224
Email: hosmanpr@worldonline.nl

Dr Tedy **Hubschmid**
Societe Suisse de Psychiatrie et Psychotherapie
Postfach 895
3000 Bern 7
Switzerland
Tel: +41 31 320 29 20
Fax: +41 31 311 06 88

Mr Horst **Kloppenborg**
Principal Administrator DG V/F/3
European Commission
Euroform Building
10 rue Robert Stumper
L - 2557 Luxembourg
Tel: +352 4301 33282
Fax: +352 4301 32059
Email: horst.kloppenborg@lux.dg5.cec.be

Dr Wilfried **Kreisel**
Executive Director WEU
World Health Organization Office at the European
Union
c/o Department of International Relations
Ministry of Social Affairs, Public Health
and the Environment
Cité administrative de l'Etat
Boulevard Pachéco 19, Boite 5
B-1010 Brussels
Belgium
Tel: +32 2 210 6403; +41 22 791 2794
Fax: +32 2 210 6405
Email: weu@who.ch

Dr Pirkko **Lahti**
The Finnish Association for Mental Health
European Regional Council
Maistraatinportti 4 A
00240 Helsinki
Finland
Tel: +358 9 615516
Fax: +358 9 61551770
Email: pirkko.lahti@mielenterveysseura.fi

Dr Eero **Lahtinen**
Principal Medical Officer
STAKES

National Research and Development Centre for
Welfare and Health
Siltasaarekatu 18, P.O. Box 220
00531 Helsinki
Finland
Tel: +358 9 1604032
Fax: +358 9 1604144
Email: eero.lahtinen@stm.vn.fi

Mr Peter **Lehman**
President
European Network of (ex) Users and
Survivors of Psychiatry
Zabel-Krüger-Damm 183
13469 Berlin
Germany
Tel/Fax: +49 30 8596 3706
Email: p.lehmann@berlinet.de

Professor Ville **Lehtinen**
Research Professor
STAKES, the National Research and Dev.
Centre for Welfare and Health
Mental Health Research and Dev. Group
Siltasaarekatu 18 B
P.O Box 220
00531 Helsinki
Finland
Tel: +358 9 3967 2331
Fax: +358 9 3867 2155
Email: ville.lehtinen@stakes.fi

Professor Lars-Olof **Ljungberg**
MAS University Hospital
Dept. of Psychiatry, Entrance 79
205 02 Malmö
Sweden
Tel: +46-40-337290
Fax: +46-40-337057
Email: lars-olof.ljungberg@skane.se

Dr Tommaso **Losavio**
Dirigente Settore Medicina Sociale
Regione Lazio
Assessorato Salvaguardia e Cura della Salute
Via R. Raimondi Garibaldi
00145 Roma
Italia
Tel: +39 06 516 83606
Fax: +39 06 516 85160

Ms Susan Maybud
 Vocational Rehabilitation Branch
 Employment and Training Department
 The International Labour Organization (ILO)
 1211 Geneva 22
 Switzerland
 Tel: +41 22 799 7883
 Fax: +41 22 799 6310
 Email: maybud@ilo.org

Dr Marios Onisiforou
 Director of Mental Health Services
 Athalassa Hospital
 1452, Nicosia
 Cyprus
 Tel: +357 2 482320
 Fax: +357 2 487941

Dr Tapani Piha
 Adviser, Permanent Representation of Finland
 to the European Union
 rue de Trèves 100
 1040 Bruxelles
 Belgique
 Tel: +32 2 287 8467
 Fax: +32 2 287 8404
 Email: tapani.piha@formin.fi

Dr Dainius Puras
 Vytauto 15
 2004 Vilnius
 Lithuania
 Tel: +370 2225523
 Fax: +370-2-225523

Dr Jean-Luc Roelandt
 Secteur 50/G22
 Lille/Hellemmes
 Centre Medico-Psychologique
 286, rue Kleber
 59155 Faches Thumesnil
 France
 Tel: +33 3 20 62 07 28
 Fax: +33 3 20 96 32 10
 Email:

Dr Benedetto Saraceno
 Director
 Department of Mental Health
 World Health Organization
 CH - 1211 Geneva 27
 Switzerland
 Tel: +41 22 791 36 03
 Fax: +41 22 791 41 60
 Email: saraceno@who.ch

Ms Marie Tack
 41 Boulevard Voltaire
 Paris 75011
 France
 Tel & Fax: +33 1 431 40699

Professor Michele Tansella
 Professor of Psychiatry and Director,
 Department of Medicine and Public Health
 University of Verona
 Section of Psychiatry
 Ospedale Policlinico
 37134 Verona
 Italia
 Tel: +39 045 508860
 Fax: +39 045 500873
 Email: tansella@borgoroma.univer.it

Dr Radu Teodorescu
 Vice President
 Romanian League for Mental Health
 Sos. Mihai Brav 90-96
 Bl. D17, Sc 4, Apt. 149, Sector 2
 77209 Bucuresti 6
 Romania
 Tel & Fax: +40-1 2 520866
 Email: lrsm@dnt.ro or rteo@ap.nec.ro

Professor Graham Thornicroft
 Director, PRISM
 The Maudsley
 Institute of Psychiatry
 Section of Community Psychiatry
 De Crespigny Park, Denmark Hill
 London SE5 8AF
 UK
 Tel: +44 171 919 2610
 Fax: +44 171 277 1462
 Email: gthornicroft@compuserve.com

Professor Toma Tomov
 Head, Department of Psychiatry
 Medical University
 University Hospital Alexandrovska
 1 Saint Georgui Sofiyski Street
 Sofia 1431
 Bulgaria
 Tel: +359 2 520333
 Fax: +359 2 591119 & 359 2 442418
 Email: tomov@sun.medun.acad.bg
 : c/o mental@mbox.cit.bg
 c/o Tel: +359 2 598039; 597045

Mrs Solita Udrasa

Director of Mental Health Care Center of Latvia

Raina Bulv. 27

Riga LV-1359

Latvia

Tel: +371 721 3191

Fax: +371 7222 305

Email: vpvac@sisenis.com.latnet.lv

Dr Josée Van Remoortel

Executive Director

European Regional Council of the World Federation
for Mental Health

(ERC-WFMH)

Boulevard Clovis 7, B-1000 Brussels

Belgium

Tel: +32 2 280 04 68

Fax: +32 2 280 16 04

Email: info@mhe-sme.org